

EMBODYING THE BEING

BY

ZIGKNANDUS

CHAPTER ONE

“The man is great only when he is kneeled”
Albert Einstein

- 1- The diversity of the ignorance creates a veil in each living being's psyche, enters in the world of the doubt, passes to confusion and finishes in madness, there it adds up the dream of the conscience who maintains bounded the soul.
- 2- The soul is the diamond like synthesis that creates prodigies in its integration when manifested in the **summum** dimensional state.
- 3- The contrary part searches to gratify so much the external senses as the interns, it is a constant subjective pulse in the whole existence, taking it as primary end in the human civilization.
- 4- The supreme truth maintains validity in each age; it is unfolded to be made feel in all that moves and in that seemingly is still. Doesn't has limits or radio of action, his voice resounds in each area and although you perceive it far away, is more near than you imagine.
- 5- Provides the light to all that illuminates, it is the source of the same creation, grants the wisdom to the Masters that flow and they reflow to guide and virtuelize.
- 6- All human being should be given the opportunity of being guided by a guru upanishad, transforming into its Father and him in its son, the son knows that its ideas don't possess meridian clarity and requires of the essential neutrality.
- 7- The mercy, as the creator's manifestation is projected to the humanity through its messengers, this should be suitable to avoid that the egocentric range confuses the messages.
- 8- The arhat abandoned before the turbulent waters, requires protection of who depends the balance of the flow, the karmic principle can be fluible for who conducts the microcosmic and

macrocósmico ray, being unfolded in the natural stratum as pattern of life.

- 9- Is in the ultra dimensional planes, where the guru-deva is, that has been assigned to load with the load that disables and perturbs the human psyche, to answer suitably the questions and guide the arhat to the path of liberation.
- 10- In that path occasionally befalls phases that can be taken as tests, which are transcended by the mamtrams that are bound to the supreme energy Ki.
- 11- The mamtrams diversity has diverse hierarchies, only the existential guru, the dharmic teacher can deliver the unpronounceable sound that in its application resonates in the microcosm, awakening the great vision.
- 12- From the antiquity, for generations and successions from of the center of the universe, the teachers have instructed and guided, maintaining in their vestal state the teachings that embody from the universal blaze.
- 13- The sacred wisdom is given from the guru to the pupil when he finds in the student a true objective continuity, an unconditional delivery free of fanaticisms and blind beliefs; when purifying his psyche it unifies him in fluency with the protocosmos.
- 14- The arhat from the instant in that the Guru accepts him as his disciple traces a kind of a bridge between him and the Divinity; his offerings are transmitted by means of the teacher until another radical moment in that his words and prayers are conducted consciously.
- 15- The techniques and metaphysical practices, beings these elementary ones or supradimensionales, they contribute in vibrations and soul states that have their value, they vary according the advance and only the guru's conscience can guide.
- 16- The gift of discerning among the high and low, the dark and luminous, the positive and negative, the woman and man, the good and bad, the guru embodies it and he transmits it to the psyche of the arhat until he lights the seven candlesticks.
- 17- The Lunar flame creates the maternity, the Mercurian flame the creative imagination. Venus's illuminates Devi Serpentina, also the Solar provides the soul magnification. Martian develops the will

TUM. As well as Jupiterian converts you in fair and balanced; to enter the Promised Land you should light the chandelier or flame of Saturn.

- 18- The maternity is related to the waters and these are the reflection of Stella Maris, the virgin of the sea; who aids who those invoke her with the glass full with crystalline waters to be evaporated and to dissolve Samsara, the routine and enslaving wheel.
- 19- To separate the thinking of the imagination is to reconcile in the order of the second flame of creation, in the physical world as in the causal world, the conscious imagination integrates you to the immensity, making you one with the imaginary principle of the universe.
- 20- The serpentine flame creates, recreates and presents the arhat before the lawyistic world. The snake is transparent and reflexive when manifesting: The“day in that you eat and absorb of the tree in the center of the paradise (sex) you will be God, you will have the Creator's same powers”.
- 21- Teachers have absorbed the energy of the center of paradise and they have wakened up their numb abilities; it is obvious that others have attempted it and they have represented biblical Adam falling and being taken away from the promised land; it is third flame who allows re attach to the Genesis.
- 22- The solar flame provides the balance in all the existence, the seventh dimensional priestly vocation when being developed creates an aura of protection characteristic of fire, it is also clear that from unmemorable times this wisdom has been applied internally, next passes to an occult ritual and in these times, a theoretical memory.
- 23- The supreme willpower comes when the fifth flame takes forms; it indicates that it has penetrated the ardent temple to receive the sacred blessing, where it began the creation of the center or source of spiritual conscience.
- 24- Blessed those that are hungry and thirst of Justice” Matthew 5 - to the awakening or to develop the sixth fire the scale is balanced, you are just. It is the flame of more hierarchy, the one that comes in ages surrounded by fume; it corresponds to the initiate to

separate the flame of the fume, since the fume it is associated (related) to the darkness.

- 25- The intensification of the seventh flame prepares the way for entering the promised land, it convenient that you cover your body with fine suits, the aura is Chrístic and in its contour dances the deities in praise of this great action.
- 26- Guru Deva can isolate your materialistic projection making favorable the life in the dimensional planes, teaches how to find the vivifying spirit in the dead letter, at the same time he receives inspiration of its supradimensionales Gurus, that purity that he receives impregnates it to you so that at the same time it is spread to your fellow men.
- 27- The human being has the tendency of deceiving direct or indirectly, when the Guru accepts the disciple it provides him/her the three-dimensional vision that cooperates to act with honesty.
- 28- The fragile board that you have like a castaway won't resist the seaquake, the furious waters will try to drag you so that you identify with Sámsara again. The true Guru is a Barge, a ship whose guide is him, its captain. He has lived the most arduous disciplines and it has transcended them, hence it can guide.
- 29- The magnus Guru when initiating a person covers its sins (Santiago) and it guides him to radically dissolve them, to the practices of awakening the conscience, initially in the egocentric synthesis represented in the hate, the greed and the lust.
- 30- The Gurus Devas transmits the doctrine like it is given to him from the Creator; the teacher doesn't coerce the parishioners so that they accept his order; only gives it like something that been received and that it is not of his property. He doesn't believe his the best Guru like neither it enunciates his abilities.
- 31- The suitable devote that has been integrated to the white fraternity doesn't know the barrier space-time, if he is lame, he can walk valleys and mountains, if is blind "he can see" all that surrounds, if is silent he knows the language of gold, all the senses recover life beyond the life.
- 32- The suitable guru makes the action and wait that it is the action who praises him, but, the guru never praises his action, he doesn't manifest his scales neither he shows up as a pure being. It guides,

but he doesn't judge, neither it sentences, he imparts the teachings without encourage of lucre, he doesn't sell the initiations, he doesn't demand offerings.

- 33- The teachers that are related to the supradimensions don't promise the salvation, neither they attack other churches, they subsist for the profession that they have, in most of the cases it is independent of the doctrine.
- 34- The leader is not believed God neither he seeks to forgive the sins of his parishioners, it sustains his doctrinal body with a grateful physical sacred book and mystically among other: the Bible, Bhagavat Gitus, Koran etc.
- 35- Between the Guru and the disciple they should not have walls neither taboos that prevent the free flow of the superior planes, a mutual understanding and help should exist, only this way the second birth will come for glory of the Creator.
- 36- Man doesn't mean to be male or to have sex contrary to the woman, is not related with having a lot of force or power. Man is a mystic conscience organization that is beyond the personality, the individuality, he is a being with living soul, a Magnus Spirit and a physical balance, it is , a teacher of wisdom - the man's son -.
- 37- The man is the crown of the life, it was created at the end; all the things that our Father created is for the man's development, it possesses the qualities in the other ways of life, in this it consists the self exploration, it should recover the virtues that are in him by Genesis and formation, when making it he discovers that he is a microcosms with the gift of guiding the disciple.
- 38- This self exploration profiles as axis the sacred sexuality, its wise use is definitive if truly the mastery is yearned, hence the fantastic attraction of the opposed exists as magnetic pattern that sustains all that created.
- 39- The phallus church in its genesis embodies the pure and divine doctrinal body, they lapsed the years and with them the opposition. Day after day, the dialectical mystic remained hidden as the pearl in the oyster for not being profaned by the reining materialism.
- 40- When its closing a cycle everything returns to their starting point, it corresponded to the universal fraternity to commend, to expose with the hope, organize teachers and pupils and present a

redempt humanity, like it was in the initial point and with it the manifestation of the savior's sacred doctrine, the one that lives and palpitates with force being every time stronger.

- 41- In these times of spiritual complexity, is envied to the third dimension the infinite wisdom in alpha and ultra, so that the disciple assumes these levels and discover the hidden truth invisible to the physic eye. Today when people wonder why is it loved and not why is it hated.
- 42- The phallus church decreed the cult to the phallus and equally to the feminine yoni , in different cultures of all the continents; Roman, Assyrian, Greek, Egyptian, all coincided with which the source of wisdom had an origin, and all the paths leads to the axis of the nature whose mamtrams is Sexus.
- 43- The sexuality like such it is directed by our Great presence, in the microcosms by the Real Being.
- 44- When the ego takes possession of the mind to direct the sexuality they make havoc and the involution is the fatal result, taking to condemnation the unhappy. The vital essence is the supreme neutrality, the fluency with the Being to discern in a doctrinal body.
- 45- The constant development is the essential part of the universe, the movement pulses the energy of the cosmos, the common denominator is the evolution, then the man, like part integrates of the universe for likeness, should constantly evolve, refusing to do it distorts without justification this code; it cannot be stereotyped because in the metaphysics, to not advance means to go back.
- 46- All that the man needs has it within his reach: minerals, vegetables, animals, anigoods, opposite sex and himself; hence when it feels a pain he finds an effective plant, it is as if the providence has become in law, this makes equilibrium between the material part and the universal spirit, two different worlds with a center, the Creator; for their application the man-teacher should be Creative, if only he discovers things or states it is not symmetrical because to discover is not to create.
- 47- The interior Guru or Master amplifies the morals that are bound to the spirit, while the external guide only lives discovering situations that only increase his human understanding, his

experience in this third plane or dimension. The instinctive body perceives each person's moral and physical level. Its development is to Christificate, to its freedom.

48- It is the freedom the objective of all living creature, for this it has the ecclesiastical mount, the axiological church that is bounded to the conscience, therefore, each person has her own sacred teachings, singular, it would be complex to seek to use the same techniques for the whole humanity because the procession goes inside or within.

49- Each church bounded to the proton of the universe provides the flock certain sum of values, it is a source to which the seven keys of the cosmos descend, synthesis of the intimate realization of the Guru or Master that at the same time can guide its disciple transparently.

MASTER AND DISCIPLE

CHAPTER TWO

“Conquer the peace embodying the Being ”

- 1- The description of the Being in a literal form is complex; the being's conception goes beyond the personality, beyond the individuality.
- 2- The Being is the essence of life, is the existential spark, is in if an universal force that palpitates in the axis of each atom and in consequence, of all created things.
- 3- We can not make the error of confusing the Being with the mind; they are antagonistic and although they are in the same cosmos - man – woman, it doesn't become unified.
- 4- In the microcosm the theological world exists, integrated by the likeness with the Creator; it is there where the apostle or initiate Paul tells us: *“while this likeness is not in the man, we are adoptive children of God”*.
- 5- The soul, the spirit, the monadic spark, the hydrogenic essence , the internal guardian , the being gnus, the internal parents, form the theophanic and light body in each human creature.
- 6- The soul has its relationship with its Divine part ; in the physical body inhabits the human soul who receives Divine Soul's pulsation. **The purpose of the human soul, that is to say YOU friend reader, is to embody, conquer or fuse with your celestial soul, this is: Cristifying, Buddhafying, yourself .**
- 7- Each theocratic force that lives inside the man has a transcendental function that each human creature should know; it is obvious that knowing the functions and rights of our theological world becomes more comprehensible and assimilate more each lived circumstance.
- 8- The universe is sustained in two psychic columns: Love and Wisdom, those that synthesize in hierarchy. The psychic organization is related with these two abilities. Our spiritual evolution is sanctified and is unfold in the Love, while the soul is bound to the wisdom. The being Gnus is the hierarchy in the man-

woman. The hypersublime grades that conquer the celestial souls are bases or representations of the Being.

- 9- This psychic organization is guarded by the interior guardian who enunciates the activities that daily the man does or carries out, being these “good or bad”. The “good” actions are condensed or recapitulated by our celestial mother, the individual virgin, the one that exposes in the moment of the trial post mortum.
- 10- The hydrogenic essence constantly pulses the sexuality, even in the wasteful fornicators of their sexual energy, followed by the reactive fall action: the orgasm; with the hope that the next sexual union is not to waste the seminal life but for the regeneration.
- 11- For generations, the humanity knew the wise use of the seminal waters, with the accentuation (emphasis) of the passional mind, the lust was displacing the Magnus idea in slow but crushing form, today it has been allowed that the enigmas and sacred keys are unveiled since each man is a true priest according to the order of Melquisedec.
- 12- Clear it is that the true medical doctor as the true priest is ordered by God, for it the man should draw the veil that covers the dimensions of the nature, the universal memory, that revealed should be unveiled to find the suitable road that leads to liberation or liberate action like Jehovah presents it.
- 13- The seven elements of nature should be known by the priest, the promised land is the area where it will visualize, enter, will organize, will sow, will take care, will harvest and will impart their life, all these actions are happened thanks to the domain of the waters like fundamental element; the fire sustains all that created, as much the physical thing as the psychic thing. All priests should light his divine flame, to receive the fire of Pentecost, the sacred fire of the sacred spirit, through fire, the initiate and then the priest stays in solar activity.
- 14- The priest flows daily with the air and its magic configuration, it allows the movement of the initiate, it is the door of the astral plane. Is the continuity with the ether, element almost forgotten by the occult, included endotéricos and by the classic metaphysics. The prana is the source of where emanates the life and the existential thing, is in this source where takes its food the priest,

brings it to the physical world and it offers it to its parishioners or disciples.

- 15- Akash is the medullar memory of the nature. The priest goes into in Akash and he discovers the origin of all that exists, the enigmas disappear; in the akashik memory is engraved everything. Akash this integrated to the sixth- sex - dimension, causal plane of life; of sixth plane it passes to the fifth, then to the forth and later on to this third tangible dimension.
- 16- The knowledge on the existence and develación of Akash, understands that man-woman is a microcosms and therefore they adore God in their own body, they offer sacrifices to the Creator, is not about a material function; It should sacrifice the “animal sin”, the self-centeredness, and in fact make it in the altar or stone.
- 17- It is the fire who allows this action, the fire roasts the scum, and hence the primitive churches maintained the permanent fire of the purification; that in all mystic practice, the fire and the water should not lack. This fire when being activated inside the priest should not fade and the sacred oil gives life, maintains it in activity.
- 18- The master-priest when activating his fire, it burns and it is perceived of red color, it is sign of force and in their antagonism of passion, in the evolution becomes blue color, as state of peace and mamtrams fluency, finally the yellow as central point of the spiritual activity, this way, the priest discerns it as for the duality, the dark thing and the clear thing, the earth and the skies, the yang and the ying, mother and father, etc.
- 19- The priest knows for direct experience that several religions don't exist, the religion is only one, a single pattern of light that ramifies in diversity of churches, dogmas, beliefs, sects, movements, etc. All with a common denominator: the coalition with the Creator.
- 20- From the antiquity the primitive church has looked for relate (union) again the man with God, to take him to that vestal state that lost with the fall. The procession goes inside, what indicates that each living creature can reunite, independent of a group or doctrinal body, since the theological field is who determines in its evolution this coalition.
- 21- Each religious institution that has Jehovah like proton possesses part of the truth; but it possesses the great truth in all its

expression when the goal is the preservation of the life. When translating this we find that the preservation is given when we understand the Christ's words when he says: "Destroy this temple and I will build it in three days" parallel we find in 1 of Corinthian 3-16: "you don't know that your body is the temple of God and that the Moorish spirit of God in you, if some destroys the temple of God, God it will destroy him, because the temple of God which you are you saint is".

- 22- Each church or doctrinal body that it allows direct or indirectly the destruction of the body is antichristic, all religious system that advises you practice or customs outside of Moses' Decalogue or 10 commands, it is outside of the spiritual order.
- 23- We mention for example: people that offer so called sacrifices to a saint or the virgin. We find them in lacerating serious situations, pathetic it is going up the hill in your knees, they have not walked a quarter of the road when their knees begin to distill blood, and others lash their body with a whip until swell and bleed.
- 24- Who offers their blood or another organ from the body to certain institution in smaller grade - bank of blood and other - they ignore that when somebody gives what needs has to abide to the consequences, in this case who donated an eye comes without him in the next return or existence and so forth.
- 25- Everything the above-mentioned is given had seen because it is usually metaphysical and if the man doesn't know the laws of the physics, fewer know those of the metaphysics, but it is enough with taking a look to the Decalogue to find out why the teachers or initiate of the high spirituality have gotten lost or missing . The 10 commands are being repealed and this abrogation is justified by the religious leaders that based on men's wisdom, without making an exhaustive investigation spiritually speaking, they decree quantity of ideas egocentrically that present to their parishioners like a truth.
- 26- The alimentation and the sexuality are two neuralgic points, definitive for evolving spiritually as refers.
- 27- The genes are the messengers or who transport the individual's essentiality and Kingdoms in general, it indicates that all living being has his genetic structure, this is unquestionable. The

moment must arrive in that these teachings are transmitted or applied in schools and universities, while it is not given; it causes certain impact in the psyche of who reads these lines depending on its state of conscience.

- 28- The genes represent something like as each being's personality. For this reason the alimentation should be select since the genes or characters passes of the plant, animal or another that consumes him, is obvious that if we consume pig, those pestilences characteristic will pass to the human psyche and in consequence the performance is relative to that animal.
- 29- If you dear reader consume cow meat, have present that the physical, energy and egocentric principles will program your life. In laboratory studies we find that the genes support high temperatures, and it is not boiling them like these characteristics will disappear. The genes tolerate temperatures bigger than 200 centigrades. For this reason we said previously that the Masters have disappeared and it is not that they aren't intentions of being realized spiritually, it is obvious that there are and in quantities, but with the same alimentation customs.
- 30- The genetic programming is intensified in each feeding and it not useful any type of metaphysical practice if the customs continue the same, the years passed and the results will be elementary.
- 31- Some irresponsible "esoterists" affirms that it is necessary to eat meat because contains the tawa tejas, nothing else absurd. Not we ignore that the tatwa or vibration of the ether exists, and that it has its relationship with the whole universe, the tawa tejas is the Chrístic heat, it impregnates by means of the sun to the whole creation. Certainly the cow when remaining exposed in the sun also receives the tawa, but it doesn't stay in their Christic state, but rather transforms in their meat in the shade.
- 32- The shade of the tawa tejas is the tamas or morbidity, the one that passes to reprogram the genetic code of the carnivore. These complex vibrations converts the harmonic waves of the microcosms stagnating, stopping or stereotyping the endocrine vibratory level pulsed by the sexual energy.
- 33- Man Comes without spiritual grades to the three-dimensional plane, his mission is to developed psychically and for it needs of a

code of ethics or momentous discipline that it allows him/her to leave of the Backtháric state in that it is. Their evolution ascends to the grade of Katzy like second order, Kutzy is the third. These are the three grades more complex that corresponds man to climb.

- 34- The fourth grade is known as Gurwark and it is the balancing one of the seven, in this grade the initiate ascends to the chronological state, it travels the seven central colors from the gray until the gold. Only crossing or embodying the golden color conquers the mahatma grade that is the fifth, this grade has a functional bifurcation; Hakadik - mahatma.
- 35- The Master is the sixth or sixth grade and be clear that these grades depend exclusively of the genetic energy of the initiate in sublimation. It is the **only** creative mechanism that allows a person or initiate be developed internally. All technique that is not sexual or that it ignores this part it means a loss of time in fact.
- 36- The teacher (O) also is organized in two roads, wisdom and love. The wisdom is related intimately with the verb (E), when the initiate arrives to Mastery , flows with the heart, which continues the verb, that is to say the Maestro. These paths bounds to the sanctification and the marriage define the search of the arhat.
- 37- The crown of the life is the Shamadic Dharmarajá or seventh grade. Here closes a cycle and it has been fulfilled the human mission. The word raja means domain of the passion; Dharma means prize this– explaining it in elementary terms -.
- 38- Beyond theses grades there are hierarchies that are also grades, well-known as: Angel, Archangels, Seraphs, Cherubs, Logos, Vajratawa, Kabir, etc. They are also part objective and mission.
- 39- It should be clear that a thing is the internal grade and another is the fluency. The fluency comes when applying the metaphysical techniques. As example we mention two people: one has Master grade, and another of Gurwark. Both apply a technique, but it intensifies it or is carries out in a better way the Gurwark, let us have the full security that this it achieves the fluency first than the Master.
- 40- The fluency is vital, definitive, and it comes with the hydrogenic practices, be this as single or married. Understand that the initiate

should regenerate their physical and internal body, and this only it is possible through the sexual energy. The sex can be used in three forms or aspects: Infra sexuality, medium sexuality and **Supra sexuality**. The infra sexuality is related with the lesbianism, the homosexuality, the masturbation, the pornography, the abortion, etc. The half sexuality finds it in people that have its wife and only they unite sexually to procreate. **Supra sexuality is bound** to the regeneration.

- 41- Supra sexuality has been practiced by all the Masters or Gurus of the white fraternity that have embodied in this physical world. All church or doctrine that it guides on the liberation of the soul and doesn't keep in mind the power of the genetic energy, it is in fact half false and very dangerous doctrine for the spiritual evolution.
- 42- The sex is source of life and it cannot be ignored because each living being is product of the sex and if a single sperm is able to create a perfect creature as the man, what we could not make with the millions that are wasted in the sexual destructive relationships, it doesn't care in what forms or with who does it, **all those ejaculates (emission) his semen is called to failure**.
- 43- The incarnation of the Being is definitive, it is urgent. The fluency with the dimensions of the nature comes later to the regeneration of our endocrine system, the bone marrow or memoirs of the internal nature, the brain and the nervous system. The communication with the internal worlds is given when having the vibratory essential level and be able to offer a house or temple to your Great Presence. The three basic substances that regenerate these systems are: lecithin, calcium and phosphor. The lecithin organizes the brain, the calcium the bone marrow or memory and the phosphor the nervous system of which the fluency depends.
- 44- These three substances are in potency in the semen; hence, later to an ejaculation comes the fatigue, the dream, the sexual idleness and other symptoms. When being restructured these systems, the great presence can lodge and remain hours in the physical body, only with the energy of sublimation and the complement that it is the discerning in the egocentric field.
- 45- We are orienting the embodiment of your reality, what is real, true, immortal, the Being's incarnation, when it manifests the Being

Magnus in you, the expression changes in flagrantly form , projecting the ideas, orientations and conduction they differ, since it is not the egocentric personality.

- 46- Do not make the mistake to confound it with a vulgar session of spiritism. We are affirming a real fact, which guides the laconic, wise manifestation, conscience, superlative of your conscience, the one that synthesizes the abilities or each living being's theological world.
- 47- When the man flows with his internal part, the errors disappear since it is his wise world the one that guides and it drives; this state, like we have guided it comes in parallel with an occult discipline in the one that this implied the nature; the sap will make you wise; this means that the initiate should return to the plants, to harmonize with the creation and to fuse with her.
- 48- This is the objective of all human being; the man makes errors because who commands its body is the mind and not the heart, the man is not creative because it has allowed that the ego or capital sin seizes him. The moment has arrived of embodying the Being; the one that as the sun in its system irradiates luminosity to the whole universe, its magnetism is overwhelming.
- 49- When the creature is born, her face is sublime, she doesn't have teeth and her fingernails are weak, there her celestial essence is manifested, of there its beauty and irradiating magnetism, but, when the ego makes its disastrous appearance, the fingernails become hard and the teeth like sign of anger, they are made feel. With the techniques guided in this book you will achieve the domain on the ego or their breakup. Because the ego is astute and will try to deceive the initiate ; in synthesis when not sponsoring the ego, when not giving him food (pride, anger, lust, etc) he will go losing force and very soon you will make reality the sentence takes place: **You should stop being what you're not, to be what you are."**

THE FAITH

**Let us live as if the Lord came today;
Christify ourselves as if he is taking time to come.**

- 1- In the same way like the earth has in its contour an atmosphere, ionosphere, etc. The man also possesses by similar nature this field separated that it covers him, the one that we call aura.
- 2- It is obvious that each organ possesses this magnetic energy at the same time. Each physical part has its metaphysical or etheric configuration; it means this that we find seven auras geared in one in an order of sublime level.
- 3- In the spinal marrow is the source or synthesis of the Universe, the Love and the Wisdom. To this part we call churches and chakras.
- 4- Unquestionably the churches pulsates your Spirit and at the same time intensifies the FAITH.
- 5- However they are seven areas, each one pulses a type of Faith. All synthesize in a psychic great force that cannot be related directly with the merely physical part but with the configuration of this, which is energy. Each church is bound to a dimensional order and well we know that these are bound to sources of spiritual wisdom.
- 6- **“Have faith like a grain of mustard and you will move mountains”**, this biblical ordinance should not be interpreted from a literal point, since a mountain this associated with the calamities, circumstances and metaphysical order.
- 7- It is obvious that each problem is as big as an earth mass or mountain; with the result that in many cases people they usually say: I was “the world came over me”; depending on the fluency or relationship that the person has with her churches, will be this way the capacity to solve this problem.
- 8- Each calamity that shows up is related with a church, the churches at the same time are together to a planetary order and its regency, which modulates a characteristic. They are these which the man lives in an independent way to the belief type, social reason with which is identified, his church (religion), sect or movement.

- 9- In the Bible they were guided by the greatest seer that has embodied in the three-dimensional plane: JOHN - see Revelation chap. 2
- 10- Precipitating this orientation to the external world, we find this way the churches in their order: Ephesus, Smyrna, Pérgamus, Tiátira, Sardis, Philadelphia and Laodicea. Those that analogically find in Saturn, Jupiter, Mars, Sun, Venus, Mercury and Moon.
- 11- Each star has its characteristics, those that unavoidably the initiate lives. These are :

Moon: Maternity, waters, agriculture

Mercury: Health, intellect, science.

Venus: Music, theater, beauty, love.

Sun: Priesthood, balance, hierarchy.

Mars: High commands, dignitaries, war.

Jupiter: Economy, justice, karma.

Saturn: Lands, funeral matters

- 12- All the circumstances that the man lives in this three-dimensional plan are related with a star-church, but, the vital thing is the regeneration or structuring that have the churches. Each one possesses the sacred fire of the sacred spirit, and of the intensity of this fire it depends that the FAITH is intensified and in consequence the problem transcends.
- 13- Not all the people have the fire active, some will have it put out and it is obvious that their faith is null, although in his mind he believes that his faith is immense, what in consequence will take the initiate to live or to suffer the misfortune before the surprise of those who rotate on his contour.
- 14- The churches are nurtured of the oil that vivifies the fire, when the camera or lamp is left without oil, the fire fades and it is darkened or the person turns off; when the initiate phase, test or karmic circumstance presents itself he won't get the miracle, the virgin's help that lives in silence inside each church.
- 15- In the humanity are people that likes spiritual life, it is clear that if the professed doctrine is elementary it doesn't transcend the person. Inside this group we have:

Sympathetic: That doesn't speak bad of the teachings, helps in what can, listens the missionaries but anything more.

Theoretician: Who possesses an entire occult library, always maintains a book at hand, speaks and it diffuses what has read, it participates in all conference they announce, etc.

16- Practitioner: is the person that has decided to leave the theory and go to the practices; has understood that it is better 10 minutes of practical that five hours of theory; these practices they bring as result a magnus state that is the:

Arhat: it is a scale that classifies the person in a transparent state of conscience and gives margin to the great presence, the one continues in the scale of **Initiate**.

17- What is an Initiate? When the fluency has been conquered by means of the practices , the arhat, begins to recapitulate the techniques or results of other times, its great presence when discovering that its faith has increased and that its tree has flourished, VAU- erects him (pulls up), that is to say baptizes him and it anoints him as **Diany Boody**. It is the **boodhistawa** the internal Master's identified body

18- The baptism it is not to be wet or to take a bath, or to introduce the body in the water of fountain or Marsh, etc. The real baptism is being born again of the sacred water and it is not another thing that the seminal water that the man-woman generates, is sad that the man is so materialistic that he understands the Bible egocentrically and thinks - it doesn't exist - that the water of which the Christ speaks is the current water.

19- The book of Gálatas 3 ,16 it decrees:" to Abraham the promises were made and to their seed (seed –semen) it doesn't say seeds, as if speaks of many, but to one, to their descendant, which is Christ". This synthesizes the orientation on the genetic energy used wisely by spiritual countless guides (Moses; Leviticus Cháp. 15 verses 1,2,16,17,18 and 32) Equally we know that the man that expels (ejaculates) his seminal waters weakens: 1 of Corinthian Cháp. 3, vers 16 it is very clear.

20- The faith is bound to the conscience, and this like we have explained it, flows with the seven stars, those that depending on their characteristics is recognized this way:

Saturn	Eternalizing Force	Lead
Jupiter	Endotéric Force	Bronze
Mars	Spiritual Force	Iron
Sun	Balancing Force	Gold
Venus	Essential Force	Copper
Mercury	Eutrónico Force	Quicksilver
Moon	Static Force	Silver

21- Each Diary Body it is logical that has the fluency with its teacher or internal Master. The teacher is the Christ's true disciple, not of the historical Christ but of the living Christ that palpitates inside all spiritualists. Not should made the mistake to confuse the Cosmic Christ that sustains the Universe with the historical one that follows the common churches or with the Internal Christ that is the essence or spark of the existence.

22- **CHRIST**: It is a universal force that is latent in all living organism, in the whole creation. Christ: it is conceived in the minerals, it is developed in the metallic order. Is born in the vegetable world. Walks in the animal Kingdom. It evolves in the anigood. It is manifested in the woman. It is deified in the man.

23- Each spiritualist has diverse dons or abilities depending on her internal ray. This is guided masterfully in the sacred writings. The dons or internal principles are incarnated from the sympathetic until the Master and they are represented in an octave, we have this way: Teaching, service, exhortation, helps, generosity, administration, leader and mercy.

24- These principles are the synthesis from the comings or incarnations to the third dimension of the nature, only that the initiate pronounces or allows to see one more that the other one. The teaching is vital, provided not to enrich as definitive pattern. The vocation of teaching is related the conscience and it is practically a duty. To share the orientations that arrives to each one of you for grace wisely.

- 25- As for the service, is a don or gift that is represented to that when there are collective tragedies, floods, tremors, etc. Forms a group of unconditional rescuers that helps leaving to a side their social or labor position. To exhort cannot take in way some as the person that nags or something like that. In the primitive church this don was own for that that has the ability to encourage, to project, to stir up the interest in people or when the parishioners decayed.
- 26- The don of help has caught a cold for these times. To help is to give without waiting something in change. It is to be ready to all favorable action. We have clear example when a soldier is hurt in the battle field the other ones give a hand and they help him. Equally it happens in the army of world salvation, the Christ's soldier, when seeing a fall or stray of a Brother, extends his hands, helps him to get up; it passes the contrary in the egocentric one, that falls to the one that has fallen, or like they say commonly "of the fallen tree all make firewood".
- 27- The generosity is another virtual pulsation, and consists on not clinging to the material goods but to have a visualization on these and to give, offer generously, the Bible decrees hence that all generous one will be prospered; it is related with the administration, with that person able to administer its goods are these many or few, or when it militates in a doctrine administers with symmetry the institutional goods.
- 28- The leader is not any brother; he is a person with capacity and fluency to guide, to lead, to direct mass with ability and master. This leader, of not having the spiritual fluency, it can take to the parishioners for the camignus of the error and the ignorance, **the true leader is ordered cosmically** and he knows how to conduct the humanity.
- 29- The mercy when applying it internally consists on giving to our hydrogenic essence the energy that requires for its liberation. It is necessary to discern, to be merciful and to be obliging. This last can incur in an error of being sponsoring a crime.- Pathetic case has it when the boy of the street requests us money, when the beggar arrives at our house requesting, or when that displaced by the violence we are brought near to request us foods (What they will really do with that money).

30- These dons are recapitulations that the initiate makes in their existence and it can develop two or more. While they also exist the psychic abilities, these they are :

Discerning of spirits

Don of miracles

Wisdom and science

Don of faith

Sanity

To generate and to interpret languages

Prophecies

31- The don or ability to discern spirits are important since in these times they have been embodied or they are embodied entities that belong to low strata, partially they pretend go by supra dimensional beings and they deceive multitude people; it has happened this way to the virgin's appearances, in many occasions it is the shade those that appears and the humanity for not possessing the don or ability of discerning of spirit is razed.

32- When the fifth angel of the Apocalypse (SAMAEL) embodied, it organized a metaphysical great institution, disincarnated after 24 years of orientation and his pupils and followers have been retained in a large part of the real path, this in spite of possessing the doctrinal body.

33- In the last years they have proliferated the medium that supposedly they have fluency or they embody José Gregorio Hernández, Venezuelan doctor that according to the humanity's part, it is manifested in bodies or medium spires to continue with the mission of healing; this is questionable, it doesn't resist at least an analysis by means of the superior logic.

34- Each person should flow spiritually with her Great Presence. The great presence is the image of God in each human, only this creature, this image of the Creator can manifest in its physical body, and this is not completely easy, since it is achieved later to a vertical discipline. If a person takes alcohol, she smokes, is not well talkative, etc.; difficultly will be to achieve their Being's laconic manifestation.

- 35- The don of miracles is undoubtedly impacting; understand that a miracle consists in virtualizing the “routine” course of the nature, of what is in our environment. Infinities of cases exist; the creation is in fact a great miracle and the man makes part of her. Jesus the Christ resuscitates Lazarus; Moses lifts his stick and the sea opens up, the Christ speaks to the tempest and this calms down. Joshua demolishes the walls from Jericho when making sound the horns, etc.
- 36- It is obvious that some miracles are physical and other psychic ones. When somebody develops internal abilities, its performance for many is miraculous, while for him its natural. Joshua, expert of the power of the sound or mamtrams, organized the priests strategically, discovers the harmonic rhythm of the walls and when gearing the sound of the horns the walls fall unaccountably.
- 37- The psychic miracle consists on having enough cosmic capital or Dharma on its favor to pay the error. Jesus the Christ lifts a paralytic, this is possible forgiving or putting the individual in peace with the divine law, if not being this way no miracle is possible; the things work this way in the superior planes.
- 38- The virtue of the Wisdom can be illuminated or developed externally, the first is a privilege that the sacred spirit transmits to the initiate in a suitable moment; almost in general neither the same initiate knows a certain answers; but when formulating the question, as pulsed spontaneously appears.
- 39- We have the case of Jesus and the woman that was surprised in act of adultery (John Chap. 8), the Pharisee brought her to him to test him; they “told him: Teacher this woman is adulterous, what to do with her? .They said; if he tells us that we stone her like Moses ordered we answer him: and your not the one that speaks of the pardon and beautiful other things. But if he tells us that we leave her, we respond him; is it that you are against Moses' law?” The Christ possessor of the don of Wisdom did tell none of two answers; he told them: *The one that is free of sin throw the first stone*”.
- 40- All initiate should possess enough wisdom to guide in his teaching. The science is its accentuation and it should not have a divorce between the spirituality and the scientific foundation. The

investigation in the scientific field allows the development of the people. All science should be religious as all religion it should be scientific.

- 41- The don of faith is not a mental configuration; it is an eternally and conscience force. Is not of accepting a thing but of making blood (wine) a psychic ordinance. The faith is developed in the measure that the churches work in its perfection; when this happens; your great presence irradiates to the internal spirit and this in return magnifies the whole microcosms.
- 42- Don of sanity: Understand each other that three types of illnesses exist: the organic ones, the energetic and the psychic (karmic) ones. Who has this don can drive the therapies although that is centralized in a certain organ. Epilepsy for example can have physical, psychic or energy origin. The sick person if in this case has physical (cerebral) origin, it can cure him a medical surgeon (allopath) or naturopath, but if don't finds the exact diagnosis the cure is impossible. If it has energetic origin a homoeopath can eradicate this case, but if it is of spiritual origin, a healer can only triumph.
- 43- Who has the don of healing it is able to eradicate the illnesses with two options: transcending the sick person's karma (paying it) or contributing the energy of their interior, the Ki force that palpitates in his configuration. In this case it is enough with imposing the hands on the sick person so that the healing works. In any event of healing, the healer feels that he has paid a debt or it has contributed certain quantity of energy.
- 44- This is understood when reading San Mark's passage Chap. 5 verses 25 at the 33. This don is bound to that of the miracles since is cures people that have visited countless doctors without satisfactory results obtain, they visit another that finds the exact diagnosis, treats him and the result is prodigious. Here operates the vocation of priesthood in the health.
- 45- The don of to generate and interpret languages is a little difficult to understand it, and but for these times in that few are the suitable teachers. When a teacher speaks, it uses the language or dialect of gold and only interprets it that is illuminated and it synchronizes with the divine verb. This in general is given in the supra

dimensional planes. For these times they are plentiful groups that supposedly manage the different celestial languages, to this has been called: "to speak in language". So that this really happens, the person should be flowing with her Divine Soul.

- 46- Don of prophecy: The leader that this don possesses, it can guide in better form and in the best way to his parishioners; the prophet possesses a Cosmo vision and "you see" the happening of his people, this is fully demonstrated in all the sacred writings. The prophecy comes when the initiate discovers that all that will happen in the third dimension, has its organization in the sexus (sixth) dimension (the sex is creative). All initiate or leader that can travel or penetrate to the sixth dimension, he can see what will happen transparently.
- 47- When a teacher prophesies or it predicts something and it is not completed, he is due to the following thing: in the superior dimensions flow beings with high soul levels, if they discover a suffering calamity and it is related with their initiates ray, it can transcend her and in consequence not be completed, that is to say, not to show in the physical planes. Another reason is that the leader didn't penetrate to the akashik registrations of the external nature, but to his inferior akáshik registration managed by the ego.
- 48- All these grades, dons or abilities are allowed by the celestial law to open the way to the formation of the ministry. In this we find five momentous much defined ramifications: Teacher, shepherd, evangelist, prophet and apostle. The teacher is the one that poses the wisdom and the balance, to him one goes when the answers it is of high range. The shepherd is the one that takes care of each sheep; it is attentive of his necessities, behavior, etc. The evangelist has the mission of giving the message of the fifth gospel. The prophet is taken charge of solving, direct and to prosecute the destinations of the church, and the apostle is who embodies all these virtues, it can act in anyone of these positions.
- 49- The psychic quirosophia relates these grades with the hand and its fingers. The little finger is the teacher, this finger it can clean the hearing and to allow to hear what the verb manifests transparently. The ring finger is the shepherd; the old ones advised to be placed in that finger the ring of the marriage, it means to be married with

the church. The cordial finger or heart is the largest, with to touch we to reach, this way is the evangelist, goes further on, in people's search to doctrine them. The index finger is the prophet; it is the one that points out, the one that indicates. The thumb is the one that is coupled perfectly with the other ones that is to say, that is the apostle. Each initiate should pulse their energy, their life, their soul, to regenerate their churches so this way to possess the **conscience faith**.

CHAPTER THREE

TRANSCENDENTAL SEXOLOGY

- 1- Each human being possesses in his psyche quantity of enigmas and mysteries that it has considered unrevealed. Among these enigmas is that of the powerful attraction between the man and the woman, the sperm and the ovule they are attracted irresistibly, in a living representation of the attraction of the opposed, magnificent expression that we see in the electronics, sun - earth, etc.
- 2- -These enigmas are not new, from very old times the diverse cultures have lived this experience, but, the cultures like the Mayan, zapotecas, Inca, nahuaes, Aztec, chibchan, etc. They knew the truth of the celestial mechanics and the order of the creation deeply, with it the enigma of more transcendence, the Sex.
- 3- For the current humanity, the instant has arrived of knowing the sacred techniques guided by celestial and well-known messengers with the name of Kriya-yoga. These techniques, in the humanity's golden dawn were given to teachers and these they gave it to their disciples from lips to ears, and they did it when "they saw" their psychic pre eriction.
- 4- The sexual energy was valued as what is really: The Life. If, all living being is product of sex, why to undervalue it? This humanity, guided by false spiritual guides and the so called scientific have

placed the sex in the lowest stratification, so much that it is qualified and used as infra sex.

- 5- The sex is without a doubt, the Divine highest function; it is the great source of where the sprouts but pure torrents of love like postulation and pronouncement of the Creative Father. It is the sex kind of a cult to which yields adoration to all that knows their intrinsic meaning. As they decreed it in temples of Cibeles, there the phallus cult was instituted as synthesis of all beliefs, dogmas, churches, doctrines and more.
- 6- The same as them, the Westerners lean and revalue to the mysteries that evolves the phallus cult. Great Initiate Moses, when deepening on these mysteries, listens to the voice of Jehovah and transmitted it to the people; it is captured this way in the book of Leviticus Chap. 15 verses 1,2,16, 17 and 18. There we find: "When the man goes to bed with a woman and have flow of semen, he washed himself with water and it will be dirty until the night" (the good night, night that arrives to few because it is the night in that the Christ is born)
- 7- Solomon, great initiate, guided in the book proverbs chap 5 verses 15 to the 18: "Drink the water of your own cistern and the streams of your own well. Not let them to spill out by the streets and their currents of waters by the squares. Be for you alone and not for the strangers". This cannot be understood like the physical average water literally since it is to share it and a well doesn't spill out.
- 8- In the temples of Cibeles the virgins of the Sun were consecrated, as suitable priestesses that lifted men, those that passed of being adoptive children to true Children of God. It is sad to find people that razed by the ignorance they combat, deny these teachings. Some religious leaders, full with sexual pleasure they are not willing to be chaste, but to waste their seminal waters.
- 9- All the Holy scriptures be named Talmud, Bragavad-Gita. Koran, the Buddhist Catechism or Zigk, and mainly the center of the faith in occident: The Bible. Has sexual origin, in their pages we find true diamond like cathedras that make allusion to sex, the cubic stone, the angular stone or cornerstone on which the temple is built.

- 10- The Christ transforms the water in wine, six stone jars (sixth command: not to fornicate or kill the seed) San John Chap. 2. The sexual energy can be used for degeneration, generation or regeneration. It is used for degeneration from the point of view infrasexual: the violators, masturbadores, pornography, abortions, contraceptives, etc.
- 11- As generation we find it in those people that have their wife or, they are faithful and they are related barely once a month and in general with ends of procreation, the infrasexual is adulterous and fornicates (destroys or kills their semen), meanwhile in medium sexuality the person abstains. And further on occasionally find people in the supra sexual area.
- 12- The sex is for the regeneration of the body likewise of the soul and the energy. In the physical part we find that the sexual energy possesses three organized substances: lecithin, calcium and phosphor (the endorphin and the twelve histolytic salts) these substances are primordial for the development and balance of the physical body. The lecithin is vital for the brain, the phosphor for the nervous system and the calcium for the bones.
- 13- In the cerebral area is the hypothalamus, Magnus organ that decodes all the substances that touches the tongue. It is as a computer of which the nutritious viability depends, among others. When lacking the lecithin, this organ distorts and enters in dysfunction, loses temper the endocrine function. Likewise, when lacking calcium they stop previous functions of the bone marrow. It is in the marrow where are the cavernous glasses or akasic cameras that keep the messages or memories; to this they call akáshik memory.
- 14- The memory depends intimately on the bone marrow. When lacking calcium they show up mental and parallel lagoons (loss of the memory) with this fatigue in the extremities and mainly in the inferior ones. The match is definitive for the nervous system (neuro-glandular, organ-vegetative). The phosphor and the silica (histolytic salt) allow the symmetrical engagement of the central, outlying, cerebrospinal, sympathetic systems and parasympathetic nervous systems; I annex to these functions, it pulses

the neurotransmitters that provide the lucidity in the motor and instinctive coordination.

- 15- From the point of view that is possible to see, the sex is the maximum expression of the creation. In the energy field, the seminal waters maintain in harmony to the bipolarization ying and yang, in each energy meridian you require this harmony, when lacking, the correlation is decentralized, bringing as consequence diverse types of unknown illnesses.
- 16- The biggest virtue projects to the psychic part. Of the sexual power it depends that a person becomes angel or demon. In the sex they are latent all the redemption possibilities, with the result that we have written this book whose mission is not to transform into a book more, but rather in its application, you friend reader, of testimony like it has happened in the past and present, in all the continents serious vestiges of the existence of suprasexuales cultures exist.
- 17- The woman is called to occupy since centuries the place she has been denied. The woman in the temples of Cibeles was classified as the vital part of the existence, were the representative of the eternal feminine. The yoni or feminine sexual organ was respected and worshipped by the priests begun by example the magística of Rhis, alchemistic organization that irradiated this wisdom in the temples of Esenes, Mithras, Celtic, Druids, etc. The Rhis decreed the phallus cult for the empresses and the yoni for the priests or emperors. In each equinox (4 in total) a year carried out this ritual type.
- 18- This alkimistas group formed the circle or the solar humanity's conscience frequency. Parting of the objective analysis that the phallus is the symbol or creative organ, possesses the magnetism most powerful that is visualized in the universe; the phallus was carved in the doors of the temples and housings, placed amid the fields like pulsor of the fertility or reproduction. To the phallus was given the value that really has; value that was ignored by the later cultures until arriving our days in that only it is used like object of pleasure.
- 19- The supreme instant has arrived to give the importance that the creative organs has inside. The empresses that conquered the

adept were liberated of the passion and when abandoning their physical bodies, they were glorified in the state of Dakinis. These seity (sex deity) exists in the supra dimensions and they complete a momentous mission consisted in lifting souls embodied in the physical plan. It is obvious that is not any person that can aspire to the practice of the supra sexuality with these seities (sex deity), for it is needed that the interested has a high grade of sanctification which depends on their internal church order.

- 20- Everyone possesses in its psychic structure quantities of sins or capital bad habits that perturb his work: laziness, envies, greed, hate, anger, lust, etc. These sins distort the objective action. It also possesses by grace the Celestial intern Mother of which their sanctification depends, since is its true virgin. The luminosity is little, it is clear that will walk in darkness; the sacred virgin's light depends on the oil that has its lamp (Matthew chap. 25). If the person wastes her genetic or sexual (oil) energy her virgin will be annulled. The breakup or the transformation of the capital sins is cooperated by the Divine Mother but it is unquestionable requirement the chastity and the sublimation of the oil.
- 21- The genetic energy is without place to doubts a source that elevating her wisely, the man assumes the communication becomes intimate with its Real Being and obviously with the diverse planes of the nature. This locates him in relation with the law of three that is known as the law of Creation. This law resonates in all the existent, with the result that the three endoteric elements: the mercury, sulfur and salt are the living ones and great representations of the supra sexuality, as well as the man in solar activity and the woman like the nature-earth, creates the third conception that is to say the living soul.
- 22- The instant has arrived so that each human being reconquer the Kero or sacred glass, in all mystic school of antiquity, the glass represented the deposit of the oil that the parishioners contributed to the church. Each order that didn't have the sacred glass descended inevitably to the abyss. And not only it happened in the antiquity but presently and it will continue happening because the Kero synthesizes the development of the people and of the ages. Kero represents the mystic chalice or Sacred Grail of our culture.

- 23- The sacred grail contains a momentous wisdom. If we analyze the priests, we will discover that in the occupation of the sacred sacrament, takes among their hands the chalice that is in the altar, which is to the height of the sex and lifts it slowly, but with a lot of security, to the highest, with this great action the work of the alchemist is summarized. Considering the great work of the **Sun-Kero**, as mystic essence of the universe; brings in itself the magic expression of Hermes' glass or feminine yoni.
- 24- In the Kero, the medieval alchemists gathered the three creative substances for the practice of the alchemy whose essence was the transformation of the lead in gold. The lead is the representation of the sexual energy in physical natural state; the gold is the sublimation or cristificación of this energy. In those times, that is to say, in the medieval age, the alchemist shielded their teachings in parables and allegories to avoid to be razed by the cardinals and bishops of the "sacred" degradable inquisition.
- 25- This disastrous sect mistakenly called sacred inquisition, didn't allow that the primitive and occult Christianity was taught openly. For this sect the humanity remained for several centuries sunk in the most retrograde ignorance. The sacred occupation of the sacrament that commended and the Christ guided in the last dinner (that it is not another thing that the transubstantiation of the bread and the wine), it was greatly stopped by the Christ's enemies.
- 26- The snake bites its tail, everything began with the head of the snake, and with her the first race that inhabited the physical plane, is seven in total, it corresponds to divide the snake in seven cameras, we will see that more than half has been traveled since we are in the fifth scale, hence, as we go away from the head, they will also go hiding the wise Christic teachings that allow the man to auto realize.
- 27- Of the chalice or sacred grail only been left has been an external remembrance, and they represent it the sport leaders of the star earth; coarse with analyzing a soccer championship for example and we will find that the winners, those that conquer, those more fearless, they are those that receive the Cup, they rise it to the

highest, they kiss it and until they adore it, they make the Olympic turn, etc.

- 28- Equally it happened in the Christian primitive church, the cup, living representation of the order femenignus, was an adored cult, they were carried out processions and the men carried this magnus symbol by the streets accompanied by the parishioners that carried the fire in their hands. Likewise the empresses or Isis carried and they adored the creative phallus.
- 29- The moment is favorable to give the sexuality the value granted by the Creative Father. In this dawn of the new era of Akuario, we should take advantage of the effluvioms and characteristics of the water carrier. The previous age was that of Pisces; well know they are two fish razed by the waters, that is to say, the couple before the average strong currents of the seminal waters.
- 30- If we analyze the symbol of the aquarium era, we will see the water carrier represented in a man that purifies their waters in the stone amphora. It is the aquarium age the favorable time for the absorption of the waters, it is the exact age so that, like the sacred writings say: of your interior rivers of living water will run.
- 31- Obviously that the absorption of the waters of life, the Christic waters, is required of a vertical behavior, of a creative understanding. This implies the mutual dedication in the couple, the respect and the reverence. The couple to achieve the blessing and the being's auspice ALKIMILLA (alchemy), they should be disunited or disligated sexually of people with those that were related before knowing with their current couple.
- 32- If a couple tries to practice the sublimation of her energies without being untied the advance is ridiculous, since the sublimed energy is distributed to people that remain bound to them. The sacred writings decree that when the man unites to a woman it forms a single flesh. 1 of Corinthian Chap. 6 verses 12 to the 18.
- 33- The true marriage is the union of two free energies. When the man unites with the woman it is together to her by the fluid or magnetic cord, through this, the vibrations, the Karma is shared; only when dying one of both this cords is destroyed. Or when cutting it consciously. **When the person this interested one in**

the sublimation of their internal waters, the first that he/she should do is to breakaway, untie or disligate.

- 34- Equally the woman, that is to say that both should be free to form what call the mystics, **Perfect Marriage**. It will not be able to organized a marriage if the man or the woman has had relationships before the married union. The desligation is definitive (in the book Order Zigk: science geocosmobioenergétic is the techniques to breakaway)
- 35- The alkimia or sexual sublimation only can be practiced in an intimately constituted couple, this constitution implies: to be free, the discipline in the alimentation, if one of the spouses has extra marriage children, should organize them that is to say that are not abandoned irresponsibly. Not for the fact of trying to practice sexual hidrogenización errors can be made with the relatives.
- 36- Of the same way like a baby gestates and it develops in a single womb, likewise the Christ (boy God), is also gestated in a single woman and a single man. It cannot be practiced hidrogenización with a woman different to the partner with which one is cohabiting or vice versa. Adulterers that are not fornicators and fornicators that are not adulterous exist.
- 37- The adultery is the alteration of an energy or substance. When is added water to the milk or coffee with milk, the original states of the substances are adulterated. This from the married point of view is also given, since if the spouse sustains cooperated for example by the couple a vibratory level of 34-06; and it ends up making the sinful error of having an extra marital union, it adulterates the natural state, balanced of his energy and of his psyche.
- 38- To fornicate is different and it consists on being destroyed, allowing the waste of their waters Crísticas (semen) sexually, it doesn't care when, where, with who in, what forms, all that spills their waters of life is fornicator. This fatal spill has its origin and it is psychological. If a man in the day looks at the legs of a lady with morbid vision, the subconscious records the effigy and although the person forgets the lady, in any night he has a humid dream or night pollution. The other points that requires an analysis belongs

to the alimentation from the applicant to the sexual hidrogenización.

- 39- The man is; in soul what thinks and in body what he eats. It is clear that the quality of the genetic energy depends on the alimentation. If the alimentation is garbage, it will be this way the sexual energy. If the initiate aspires subliming a pure energy, the foods should be select, constituted foods and balanced naturally. The greed should move away from the psyche and the interior great being will guide you this way wisely.
- 40- If you want to end up being wise, use like food the sap. When making a constructive analysis you will find that the human being's psychosomatic constitution is designed to digest grains and vegetables (see Chap. Alimentation), if in fact it requires to be practiced or to fulfill the sex command should be organized a feeding free of meats and preservatives, that is to say a feeding 100 % natural vegetarian.
- 41- The couple that practices Kriya-yoga should stay in perfect harmony, so much with the microcosms as externally. Of there the importance of the prayer in the hydrogenic technique. The prayer heightens the spirit and makes us favorable to the view of the supra sensitive worlds. These techniques don't specify an exact time, starting from the moment in that begins should be prolonged for life, since day by day the couple will fill with strength, health and life.
- 42- With frequency we see people that are stabilized economically, etc., they marry and as by magic art they begin an involution, they tend to get sick, are fired of work and others; the reason of this bad luck (as people say) is simply the continuous expulsion of the waters of life, understand you that the seminal energy is the one that sustains the charisma, the abundance, the health, the generating of the life in its multiple manifestations.
- 43- If you friend reader, are in critical circumstances, we guide as minimum undergoes two months of chastity, this way his aura or magnetic field will be vitalized creating kind of an attractiveness in your environment. it is clear that not to all that happens is the same thing since everything depends on the constitution internal and singular karmic. It is generalized that a factor that generates

karma is the fornication, the elders decreed: To “**the lion of the law is combated with the scale**”. It is that the man possesses three scales and they are bound to the sexuality.

- 44- The first are located and formed by the phallus and testes. The second: eyes and nose (introits of the prana) and the third: column and kidneys. They are intimately related with the waters of life; their imbalance comes with the extraction of these (waters), it is obvious that when being unbalanced the law enters in action from the Karma, which is balanced with the absolute chastity; to be chaste doesn't consist on not uniting sexually, but to not **fornicate**; the great key of the sexual alkimia is even given from lips to ears by a Lama incarnated who orientate or guide these teachings.
- 45- Be aware that the genetic waters are volatile, with the heating as a result of the constant rub, the eyafalación comes; this can compare it with an effervescent drink that while moves rhythmically it remains well, but when becomes agitated it spills. In the habitual position that the common of the humanity uses for the sexual relationship, it is with the phallus pointed towards down (inferior region or hell) their constant agitation allows the fall with a lot of easiness.
- 46- The Sanskrit position consists on to sit down in lotto position and to receive the priestess, being both columns in vertical position. It is recommended they touch lightly the coccyx. The Hindustanis used the lotto position but the empress remained kneeled, this allowed the emperor to rub her column. The metaphysical endotéricos has considered that located in the position of sleeping Lion both spouses achieve the hidrogenización since the moviciertos they are annulled and the plexus remains supported in the lumbar vertebras.
- 47- In the superior school of experimental metaphysics or Order Zigk, the couple is guided from the introituses until the fluency, since the initiate before carrying out the hydrogenise practice lives stages in those that there is not direct contact of the couple; starting from the state of the state of Dianoia, Akásika, Karezza, Understanding, Biorritmo, Climax, paroxysm, until arriving to the octave represented in the sublimation. This way, in the psychic structure

lives and transforms the enemies of the alkimia Crística: the world and the passion, which is bound to the alimentation.

48- People that have difficulties or pathologies related with the precocious ejaculation or impotence should be treated, because it is complex to have a fall in the hidrogénic practice. In no way we recommend to take partial medications for erection production or to avoid the ejaculation. The tree almácigo, their cortex is effective to control the ejaculation and sarsaparilla for the impotence. As the precocious ejaculation is more chronic, we recommend in each dawn, to get up and without making too much movements sit down in the heels, the column vertical, to place the index finger and thumb (being touch semipressed) above the thighs, this for about 15 minutes.

If in the relationship there is uncontrolled and ends up moving, if this causes fall sensation, touch the bell (uvula) located in the introitus of the pharynx with the tip of the tongue, breathe alternating with this exercise deeply.

49- The synthesis of this chapter bears to recommend the wise use of the sex from the point of view supra sexual that couple's relationship doesn't cause your destruction. Already once were expelled from the paradise by this action, for this same cause we should return (that is to say by the sex), remember that “narrow is the door and the path that leads to the light and few are those that find them”, it is not about a physical door belonging to a house, our Lord the Christ is guiding that for the same door that we leave the paradise, we have to return by the same one (that is sex).

The hygiene is important in the relationship; it should not be ignored that the bad scent in the body creates idleness in the spouse; equally the atmosphere should be free of extravagant scents. Not smelly garbage should burn; it is known that the divinities are invoked burning incense and other fragrances, while other entities react with nauseous scents.

It is obvious that it should have attraction in the couple, this bears to a hormonal exchange, the one that will bring as consequence similarity in thoughts, feeling and action, and this is important keeping in mind that in the couples they usually have antagonism in the ideas. It is obvious

that a fighting couple cannot carry out this type of practice, with it would take to feed the self-centeredness or ego.

The technical hidrogénica doesn't depend on the time, it is not about having a clock to the hand, it is advisable to carry out it in the dawn 1 to 3 a.m. (hour 8 to 10 bohaz) at this hour the organism is distensioned, relaxed and the atmosphere is more pure. Once united the bodies should not separate until concluding the technique. The solar hours are a little complex for these practices. Six suns are active for the hidrogenización, the sun seventh are to offer holocaust (chaste scent) to the Creative one and neither it is praiseworthy the sexuality in the seven suns of the menstrual period (3 + 4 days).

To couple is fundamental and definitive; as much as possible the couple should be understood, this is achieved surrendering and applying the apostle's Paul orientations: "the woman is not owner of her body but the husband and vice versa". In the practice the Isis should watch over the emperor.

Physical and cosmic marriages exist, the physiques are those that the man authorizes and the cosmic ones are those that our Creative Father blesses and they follow the road of the supra sexuality.

The bachelors that want to marry should make a serious analysis as for the class of lady he needs. If he has a conscience psychic field he can ask to the white fraternity for his spouse, but, he should have a considered level of conscience since if the applicant would like it their wife to be with such or which qualities, is possible that the lady that is chosen by his great presence is not symmetrically as the one he wants, the other road is to have girlfriend (or boy friends) and to request its doctrinación.

Some metaphysicians have considered that the Isis or practicing priestess of the alchemy should not be thin, that is to say, scarce of meat corporally, but carved or slender. This partly is clear but we should keep in mind that it is a psychic work, not physics. It is unquestionable that the ends are fatal (an extreme obesity or the opposite) but they are not justification for not carrying out this sacred technique.

CHAPTER FIVE THE ALIMENTATION

- 1- The humanity has not always chosen the best thing, because has been guided by blind men, is clear that when a blind man guides another blind man both fall in the abyss. Per centuries we have been feeding erroneously, for generations, the parents “have taught” to their children to feed of all that it is possible, in consequence the state of each living creature's health is precarious, so much in the physical thing as psychological.
- 2- According to the medical specialists, 70% of the illnesses have its origin in the digestive system, this is irrefutable. With the result that we should be organized about the foods, and I say foods because they exist seven foods that the man requires for their development, they are there, in front of us and in most of the times we use them so much erroneous as artificially. These foods are: The common ones, breathing, impressions, the dream, the exercise, the prayer in the sex and the music.
- 3- Common food: the father teaches to the son to eat, but it never guides him what to eat and how to eat. The feeding requires of an analysis around the operation of the digestive system. To feed is not to eat and eat; to feed is to be nurtured, to be vitalized that elements like the calcium, potassium, lecithin, phosphor etc., content in the foods bears to the stability and preservation of the physical body.
- 4- For these times with the antichrist's appearance, the humanity has been inclined to the consumption of artificial foods; seems that **then artificiality is the theme of this time**. When somebody hungry takes to its stomach the first thing that finds, doesn't make a previous analysis of the damages that can cause him this food, has taken the distorted habit of eating three and up to four times a day.
- 5- See the following analysis; he gets up at 6 am o'clock he drinks a coffee or another aromatic drink, at 7:30 o'clock he has breakfast, almost immediately it begins their works. At 10 o'clock it consumes what you call snack that can be juice or soft drink with bread, etc. At 1 pm o'clock he eats lunch, it continues their chores and at 3:30

o'clock it ingests another snack, to the 7 pm dinner, and before going to bed a juice. This is a daily mechanics, the weekend maybe is different but takes some swigs of **poison to which you call alcohol** from time to time instead of food.

- 6- Months later has uneasiness, abdominal colic, etc., he goes to the doctor and they diagnose him a gastritis or peptic acid illness that includes the duodenum or beginning of the small intestine, pathologies to level of the liver or pancreas.

The person is so shameless that she comments: Why is this happening to me? And certainly, it questions God. A digestive system that is activated from 6 a.m. until night without rest, it is logical that it suffers lesions, and more, keep in mind what type of foods consumes. All these abuses make them to ignore all that's evolves in feeding and the digestive physiology. Understand that each food delays between two and three and a half hour in the digestion process.

- 7- It is a serious error to eat between foods. To assimilate a meal completely he should not eat another, as minimum six hours, bigger time is better. For this wise reason some cultures have for habit to only consume two foods in 24 hours. Another more consciences only consume one. Clarifying that it is not the quantity what nurtures and sustains the organism but the quality and organization. The astronauts that carry out trips for six isolated months of the earth don't take in their modules yucca, burgers, yam, and potato. Only they take some capsules where the nutrients are. Cases are known of metaphysicians that can remain days without feeding when applying a technique, without the body suffering lesions.

- 8- What to eat? Here it plays an important role the level of conscience, but let us be guided by the Mother's Nature wisdom. Let us analyze the denture of the carnivorous animals, the tiger, lion, cat, dog, wolf, etc. Their teeth are pointed, sharp pointed and their digestive system is simplified that it facilitates them the prompt evacuation of the meats. The cow, the horse, the donkey etc., they are animal herbivore, their feeding is only grass and grains, if we detail its teeth we see that they are flat, they allow the mastication of the vegetables. Now the human denture, with which

animal can be compared? If their teeth in majority are also flat (premolars and molars).

9- In any time the man proved the meats and he got used to it and slave of them was made, this with the auspice of the “medical science” and supposed nutritionists transformed them into a necessity. Notice that the carnivorous animals are more aggressive than the herbivores. At the present time the allopath medicine advises in some cases to don't consummate meats to facilitate the therapy. It is clear that the man's organic (their design) constitution is not capable for the consumption of meats, its digestive apparatus is complex, more longer that of the tiger for example, this is unfavorable because the meat should make a longer journey contracting the person the fermentation and rot that degenerates in a range of syndromes and pathologies in chronicle form.

10- God is life, all that wants to keep the fifth divine commandment, should embody that sentence **NOT to KILL**. The sacred writings decree two words, it doesn't say: don't kill the human being, it **speaks in general DO NOT KILL**. Here includes all that has life without exception. No justification exists to kill, because if a justification is looked for killing, we will also find it for not loving God, to steal, to fornicate, to lie etc.

When somebody uses a knife to cut the neck of a hen or another animal, have present that, which death adds in psychophysics vibrations should be paid to the celestial law. Don't allow a mistake, neither confuses the other ones. It is sad that in the churches, in those that Our Creator has centralized the faith and the fluency, his parishioners instead of preserving the life; his parishioners “celebrate” consuming meats destroying his creation.

11- The vegetarian feeding is highly healthy and it allows us the preservation of the life. In other areas of the feeding we find the drastic combination of substances. Have shows up that to assimilate by a hundred percent the foods, these they should gear in their internal structure, in their genetic constitution. To mention examples we have people's cases that eat candy with cheese, these two foods are antagonistic, creates a psychophysics confusion distorting their properties. The contrary foods creates

organic difficulties, those that go from a gastric dyspepsia to a Terminal pathological state.

- 12- Well it is known that the wonderful fluency or engagement of the gland hypophysis and hypothalamus allow the decoding of each substance that arrives or that touches the tongue, in the speed of the light, fair in the instant in that the food arrives to the mouth, these great organs transmits its virtue or characteristics, it is as well as each element or substance (calcium-phosphor-etc) is channeled to its system or corresponding place, this decoding is related with 4 flavors or sensations, these they are: bitter and sweet, salted and sour (acid), the neurotransmitters are those that allow this fantastic function. This indicates that is eaten something salted, the nutritious other combinations should also be salted, equally if they will eat something sweet, etc.
- 13- These absurd combinations creates hypothalamic dysfunctions what creates confusions. A person can consume many foods and be undernourished, happens that almost in the same form in that the foods arrive, likewise they are evacuated. Another type of foods in the market is those precooked, these they contain chemical preservatives that invert the natural hormonal order of the organism. The same as the purine chicken is taking the humanity to chaos. The chicken purine is one of the most noxious foods for the health.
- 14- The chicken purine doesn't possess the Creator's blessing, we can verify it when analyzing that this chicken "cannot create children". It cannot reproduce. It doesn't possesses the Christic energy, this evidences it when noticing that it cannot remain a lot of time in the sun (1 hour or more) like can do the Creole chickens. If by negligence they end up in the sun, they drown. The sun is who grants the energy called solar tatwa, this energy pulsates the immunologic system, that is to say that this chicken doesn't possess defenses, with the result that the hatcheries should clean them with a lot of frequency since any microorganism unravels a complete pest finishing it all.
- 15- This anabolic transforms the natural hormonal structure of the body, inverts the function progesterone-testosterone in both sexes, when being given this change the man cools down sexually with

relationship to the opposite sex and they are wakened up homosexual tendencies and lesbianism in the woman. To give a boy this chicken or their artificial eggs is highly dangerous since their psychosomatic development in the first two stages or development cycles (7x2) is definitive for their final structure. If the humanity follows the nutritious same road it will repeat the infrasexual history of Sodoma and Gomorra.

- 16- In the last years it has been developed the level of homosexuality and lesbianism terrifyingly. Parallel with these nutritious unbecoming forms we have the problem of the bienestarina or food with purines for humans in the third worlds. The foundation PRO LIFE from USA, in 1992 made the public accusation on the bienestarina like non capable food for the human consumption and less for the children. This fatal food was taken to the laboratory and the result is terrible, it is about a neutralizing food of the gland hypophysis, this indicates that when neutralizing it gets lost the relationship endocrine-hypophysis -gonad (ovaries and testes), what bears to sterilize who consummates it in synthesis.
- 17- The watchword of the governments is to planificate, to avoid the conception of creatures by any means without keeping in mind the risks and dangers. It is logical that if a boy is even given this food when it arrives at the 15 he won't be able to have reproductive capacity. As is that the common foods are those that catch the attention mostly, it is the perfect target to be used as vehicle for all type of projects. Let us consider that it is already hour that the humanity makes conscience and eat with balance.
- 18- The acid hydrochloric content in the gastric juice is so strong that it can dissolve even a bone piece, when the organism has gotten used to eat at specific hours, the stomach receives these substances, when there is no disciplines for the hours and eats in any moment, the acid hydrochloric cause lesions that they go from a gastritis to a cellular stomach disintegration.
- 19- The children in their primary age if they takes milk 4 times a day they are the same 4 times that evacuate, but when "they are taught" to eat and they are given heated, fermented, sweet and sour, grassy, canned, precooked, etc. You distort their metabolism

contracting constipation, what prevents to evacuate for various days.

- 20- Do not commit, friend reader, the error of giving to a boy street food or fast foods such as potatoes chip, cheetos, etc. Is like sentencing him to suffer of diverse pathologies of digestive origin. The essence of this orientation rests in the return to our mother's nature breast. The great action of abandoning the meats is a fundamental step that should give all that has inside the splendid calls that pulses the truth.
- 21- People ask others if have eaten the meat of such an animal? And they answer them: no, but I would like it. That search of pleasant sensations takes the man to eat carnivorous new foods, what ignores, is that the karma or genetic code of the animal, fair when dying, when foreseeing its death, in that "fright" state it spreads its adrenaline and insulin in its organism, dies and the consumer will have his consequences so much physical as psychological. That karma is added to the personal karma and makes heavier the load for the individual.
- 22- The bigger quantity of animals eats the person, more it is programmed genetically, this makes the life more suffering and less vibratory; understand each other that **part of each person's mission it is to psychically deprogram**. We can see that the behavior of the animals is aggressive and complex, each one has its genetic code, that is to say they are programmed, and this passes to the human psyche and reprograms it, sinks to the egocentric dependence.
- 23- We synthesize the alimentation in three areas or levels. In the first stratum we have to the cadaverous feeding, here we find to the meats, canned, precooked, heated, fermented, antagonistic, etc. For what we see in this level is the common of the humanity. When one makes conscience about the health, and further on the metaphysical projection should give way this complex range of food scrap. First that should give way it is the pig meat, this it is highly harmful.
- 24- The pig maintains a corporal temperature that overcomes the 40 grades (the human being is 36.4 C⁰) it is like maintained a permanent fever, for this reason the animal should remain wet, he

enters in puddles. Besides this it is active payee of parasites like the trichina who it develops this parasite contracts the well-known painful illness as trichinosis. When making conscience of the abandonment of the foods scraps and the meats, this it should be in gradual and not fanatic form.

- 25- **In second place**, we find in this level to the foods like the Creole egg and those derived of the milk. If we are perceptible we find the sign of the organism to pass from a nutritious state to the other one. In this same scale it is necessary to abandon to the eggs and finally to feed only of plants or vegetables and grains (cereal = be real) and fruits. This feeding bears to the conquest of the food of God.
- 26- The food of the God is Prana, this it is not directly a physical food (see chapter the seven elements). Undoubtedly to conquer the prana the organism has been organized and balanced. In the vegetarian feeding the habit of eating three times a day decreases at two and finally to one, this is made in a conscious form and not fanatic. The body enters to vibrate in a favorable tonality, day by day the organism and the psyche go capturing magnetic waves, what renovates it and allows the person's astral fluency.
- 27- According to studies of the science, the cells are renewed approximately every 7 years. The metaphysics demonstrates that in each cycle of heart pulsations represented in 220.000.000, the cells are renewed, this is key, since if today you begin your nutritious transformation relying on the vegetables, when your heart presses the figure mentioned in your organism they won't have rakes of animal cells or genes; this is manifested in a positive change in the way of thinking, feel and to act.
- 28- It is advisable that the feeding is elaborated by the same person or by the spouse, the foods are impregnated of the magnetism of who elaborates them, since equal it happens to our garments of dressing, this can check it easily, coarse with buying the same quantity of ingredients for a certain meal, to three ladies and we will see that applying the same technique and the same procedure the foods will even have at the end a different flavor.
- 29- Close this part of the common foods, let us mention a tragic case happened in Great Britain and known in the entire world; a

scientist organized a food with the help of meats for the cows, looking for with this to increase his virtues. Not only the cows were not regenerated but rather involute, the result of this absurdity is that the heads contracted the called illness EBS (encephalopathy bovine spongiform). Well-known popularly like the illness of the crazy cows. The consumption of this meat brings its disastrous consequences.

- 30- Another vital food is the breathing, have in mind that the oxygenation is definitive for a good health, but this depends of how you breathe; to breathe is not to inhale and to exhale mechanically. The breathing is a function common of all living cell, it is a gassy exchange, that is to say, the absorption of oxygen and expulsion of carbonic gas. For what we can analyze this food it is not assimilating in their best form, very few people practice it, it is breathed by inertia, only it is used the 25% to 30% of the lung capacity.
- 31- The oxygenation of the organism allows that each organ is balanced so much in its physical structure as in the energy part and consciously. Not everybody who breathes oxygenates himself. He oxygenates it is a gassy element; it is the main element of the air, virtual in the process of the breathing. Areas exist where exists the air but very little oxygen, in places like the fields, especially in hours of the dawn, there is oxygen in the third part of the air, but, in others as the big cities reduces to a seventh or octave part.
- 32- It is of importance to live near the fields where one can breathe free and pure air. As this it is a little difficult, and corresponds to live in the city, it corresponds you to use a good breathing technique to compensate, the following ones are practical and it allows to assimilate a good level of oxygen:
- 33- Standing, heels together, tip of the separate feet, arms hanging distension, inhale deeply, retain, raise the hands slowly until forming a cross, only rotate the hands so that the palms are up, without exhaling, rotate the arms toward before, your hands are in front of your eyes extended toward, pick them toward the pectoral, exhale at the time that you descend them to side and side to carry out another inhalation. This one can make some 10 to 15 times, with passing of the practices you can carry out up to 15 minutes

daily. With this exercise the stress, depression, tiredness, neurosis and other pathologies can eradicate.

- 34- Three types of breathing exist: low, medium and high. There is who get used to only breathe with the abdomen; they only fill the low part of the lungs. There is who use the half part and others that you breathe with the high. That indicated is that with each inhalation is filled the low part first, then the medium and lastly the high part, is as well as the breathing technique should be operated mentioned previously.
- 35- A third alimentation is the impressions, it is obvious that the impressions belong more than everything to the psychic part, but it is internally related with the physical structure, so much so that a not well assimilated impression has put an end to the life of many people. The impressions come of the external world in auditory, visual, tactile, smell or gustatory forms. Whenever we see something, we are receiving an impression, equally when listening news, when smelling a fragrance, etc. These sensations are transformed by **Tertium Organs or third** organ located in the cerebellum, depending of how is balanced, will be this way the consequences. Tertium Organs is balanced with the organic relaxation, it is advisable to carry out this way relaxation exercises, the impressions, be already tragic news will be transformed. And don't happen as the pathetic case that of the fanatics of the soccer that have died in front of the television for not transforming that impression.
- 36- The same way as the foods physical need of the stomach, the oxygenation of the lungs, the impressions require of the third organ, this is known as mental stomach, in charge of digesting the impressions. When the transformation of impressions is perfect, we can manage the life, the understanding comes. The news, images, be already a worm, spider, snake and other they will be channeled with third forces that is to say, the neuter.(see chapter seven elements)
- 37- A fourth aliment is the dream, used from the creation of the world like method of revitalization of the physical body. Understand by dream, the time in the one that the sensibility and the activity are in a state of vitalization of the conscience and relaxation of the

nervous system. Each dream has its importance; they are astral experiences that each person lives in her internal life. Very few people dedicate time to the study of the dreams. Joseph, Daniel and all the prophets, teachers, priests, missionaries, apostles, avail themselves of the dreams to clarify everything that points out as enigma or a mystery.

- 38- When the Tertium Organs rotates in inverse (conserving the left) sense it arrives to an end and the exit of the soul is given and the person enters to another dimension (their psyche). In that instant the vital body works vitalizing the physical body, repairing those areas mistreated by a day of strong works, a walk, or in the worst in the cases after the man ejaculates his genetic energy. If the soul doesn't come out of the body there is no restructuring, equally if the body this tensed.
- 39- The human body is of lunar nature, the darkness in which remains the 9 months of the gestation but its polarization like inhabitant of the star earth structure it this way. Hence the organism is designed to sleep in lunar hours, but, not in the day. Those that make the error of sleeping by day are exposed to contract neurosis or another disharmony of nervous origin. When leaving the soul of the body has to cross the solar astral and receives the powerful and saturating energy of the sun (tawa teja), what increases the psycho- thermally making the person, when returning get up irritated. Who suffers the shock when entering the soul is the ectoplasm of the spleen and the nervous system brain-spinal.
- 40- The time that menesta the vital body to vitalize to the organism is relatively short, if the person relaxes herself totally before going to bed, it will be enough with sleeping three hours to get up as new. But if this person when arriving when falling asleep throws or tosses in the bed without more analysis, she will be able to sleep 8 hours and she will get up tired. Let us offer the daily relaxation, in this it is the key to sleep well. The soul that comes out of the body visits places or dimensions and there meets with people or beings, those that remembers the following day. It can meet with people that don't know, but if you meet that person and it can expresses: "I seem to know you", the "official" science doesn't accept the

existence of the astral body, according to them it is the human mind the one that manipulates the whole process.

- 41- The existence of the astral body is irrefutable, all when falling asleep unfolds; there is a separation of the body and soul. We all can carry out practices of astral projection and this is not risky as some ignorant people have wanted to transmit. Every day each person is unfolded, and this is not dangerous. All people have an astral instigator, an instructor, intercessor, guides, etc., and it is represented in those that surround us, it can be a mountain, a lake, the fire, a person, an animal, etc. The intercessor is shown in the dreams and the key consists on discovering it. For it is needed the “discipline, the yoga of the dream”, organize their bed, place the head toward the north, the mattress should be also in cotton or another non insulating (plastic) element, equal blankets or savannas.
- 42- The walls owe be of clear colors (a single color)they should not have hung garments or objects in the walls, stains should not exist, to smaller quantity of elements in the room is better, as much as possible annul the corners of their room; try that few people visit your bedroom. The dinner should be light, to have a minimum time of three hours between the dinner and the action of going to bed. To be clean is important, especially the hands and the feet, the clothes or dress to sleep should be wide; see little television, your alimentation should not contain spicy, since this substance projects to the astral infra dimensions of the nature.
- 43- Cure the liver, this gland pulsates the astral superior. In the arrival of the hour of dream, relax yourself, make the prayer of rigor and use a comfortable position, to increase the fluency carrie out several inhalations or breathing exercises, this indicates that the bedroom should be ventilated, oxygenated, the position of sleeping lion as introitus is fundamental, this consists on going to bed of side, the head on the palm of the right (if wants to do it of that side) hand, the right completely extended leg, the left leg above the right forming an obtuse angle, the left hand rests above the calf of the left leg.
- 44- Maintain a notebook and a pencil exclusively for this discipline, not for any reason separates them of your bedroom. This

notebook is to transcribe each dream, each astral experience. At the hour that you wake up, relax at psychic level to remember the dream exactly, to transcribe it should be exact, places, people, objects, animals, circumstances, etc. If it is not able to remember it uses the mantras or sounds of the memory, these they are: GAE, PARAPAN, ANTIA. This allows opening the astral world at level microcosmic remembering with more clarity. The important thing is that when remembering in the dawns don't move, organize the dream.

- 45- Living the experience, wake up, when has it organized, transcribe it. The fundamental dreams are between 1 to 3 am and the prophetic ones in the dawn, this is from 3 to 6 am, in general the dreams that are given before 12 are egocentric and more if the person accustoms to eat around the 8 or 9 p.m. The digestion alters the dream, hence when the body this relaxed one, resting of its metabolic functions, the psyche becomes favorable to the view of the superior worlds.
- 46- Transcribe each dream, when it has attached near 90 experiences, be devoted to the analysis, study one by one, take out, separate, paragraphs of them more attractive, the objects, things burned, they pronounce in their dreams, example: in the dream #5 went up a mountain, in him #12 lived in a mountain, in the #23, but excursionists ascended for the mountain, in short we find that the mountain is it that more it is shown in the dream; that it is your instructor or astral guide. When having it very identified, coarse with relaxing yourself, to project, or to visualize that image, to find with what element this related (if it is a bird with the air, a tree with the earth) to request to those elementary ones that guide you in the astral world, can visualize this way directly to the superior worlds, you can request a certain experience or to continue an interrupted dream, it is as well as the alimentation of the dream will be assimilated in all its manifestation.
- 47- The alimentation not only for the physical part, but for our soul, it is the **prayer in the sex**. These are two definitive pillars as for the evolution of the soul and spirit refers. We have already explained the basics of the sex, and like the prophet said: "the sex well is source of life", but the humanity inverts any quantity of values, the

same as the physical foods, the sex only is used to be destroyed or undernourished (see chapter sexology). As for the prayer they have displaced it to the recital, repeating as parrots quantities of sentences that lose their spiritual essence for the mere fact and mechanic routine.

- 48- The prayer is internal, is not something that you can manage by ordinance, the times that the prophets pray in public, they make it so that the humanity has an idea, but, not so that they are repeated (mime) literally. From unmemorable times the beings of light that have embodied in the sphere earth, be already Ángel, seraphs, kabires, etc. They have made emphasis in the sentence. The sentence is the food of the spiritual great and active presence, of those internal creative forces that are latent in each creature. Not the spiritual part should be neglected, because that it is the one that counts at the end, it is the immortal thing. If each person feeds to her organic part , is logical that should also feed to the spiritual and soul one , hence the prayer cooperates to the sanctification and the sexuality to the soul or wisdom, in the energy part we have the runes like alimentation, it is as well as is organized to the three parts: matter, energy and soul (awakening).
- 49- The only objective that all human being has is Cristificación; this it is the part that has central validity before the celestial law. The prayer cooperates to the magnification, it suppresses the ego and makes us favorable to the view of the supra sensible worlds. When we pray, we fuse the microcosms with the macrocosms and we know that this is linked with the absolute one (Creative Father). The prayer should not be mechanical; it is not advisable to do it after eating because it doesn't transcend the third dimension. The prayer evolves, it preserves, it flows and it redounds with the energy, more important it is that it maintains you in communication with our Celestial Father.
- 50- When the person is tensed their prayer is darkened by the ego, but when is carried out in high levels of conscience, what we know as states alphas or ultra (vibratory energy states 7-5-3-1), these states come when it is completely relaxed and the psyche free of conflicts or problems. In an antagonistic position the humanity prays or she remembers God only when she has unfavorable

circumstances; the prayer should be constant (without arriving to the fanaticism), we should not wait that the misfortune touches our door to elevate a prayer conditioned to the **highest one**.

- 51- The sentence vitalizes the senses and helps us to think and to imagine with more clarity. The redeemer of the world (the Christ) prayed the whole night in a coordinate or mount requesting the Father to choose the disciples, it doesn't mean this that spend the whole night in spoken prayer (as they teach some churches) the prayer is toward inside, in silence, it is guided this way in Matthew Chap. 6 verse 6: **"but you, when you pray, enter in your room (physical body) and closes the doors (senses) and prays to your Father that is secretly, and your Father that is in the secret thing will reward you in public"** and you don't pray as the Pharisee that think that for his wordiness they will be heard. All that that prays has greater form and possibility of acting, to feel and to think.
- 52- The music is a food that only is assimilated in people of spiritual culture. It is difficult to understand the music's meaning with the feeble reasoning's egocentric intellective. The music gets the attention of all the races, beliefs, doctrines, cultures, it varies or it changes its rhythm, but its essence they are the musical same notes that invite to its delight. Years after years, traveling the star, the musical notes are embodied in composers, singers and others; regrettably the ego is who channels these notes, very few times the Being manifests intoning magic rhythms. The charmers of snakes know the power of a musical note deeply so much external as internally. They are quantity those that doctrinate in search of the real and momentous music, this is the classical. Teachers like Mozart, Beethoven, Ligt, Vivaldi, Bach, etc. They have demonstrated the real music, the music that feeds the soul.
- 53- The music is vibration, this defines everything, the vibration is captured in sublime states, if a composer is not polarized creatively, when capturing the musical vibration, the ego transforms it in wave or message in subliminal. Of there the danger that are presenting diverse musical genre as Rock or African-American-Caribbean and others. Serious experiments consist in making rotate a disk the other way around have

demonstrated that they carry disastrous messages that induce to the destruction, the crime, the drug, etc. This invites us to meditate on music's type that should be listened; the classic music is the one that comes closer to the celestial one.

- 54- We say the one that comes closer because the vibratory authentic music is related with the ultra, with a single note which oscillates in frequency of sharp to bass notes. Each musical note contains magic vibrations able to wake up abilities slept in the man-woman. The weapon of double edge is in the mixture of the notes. If who reorganizes the notes coming from the prana is a balanced person, or a Master, it is obvious that when recording them we will have to a topic similar to the "sound of the nature", "exodus", Beethoven's ninth symphony, etc.
- 55- If it is the ego who manipulates the notes, we will have Rock, reggae, Heavy metal, etc that is non music, but noise, scandal, a bridge so that the messages in subliminal are manifested. These messages are captured by the subconscious one and past to the conscience, the one that transforms who listens to it in an irritated, neurotic person, etc. The music has transformed into a spring, most of people listens music, the youth mainly hates songs with mystic sense, and we don't refer to the choirs of the churches that with all the respect, but with all frankness, it also takes its messages amid that florid applause.
- 56- It is important to listen to classic music, selected, momentous music. An hour of music bears to have an emotional and psychic balanced state, music coming from the superior spheres. It is clear that this musical gender harmonizes the meridians, the energy chakras, what results in the cure of the organs, with the result that to the classic music is called therapy. The music passes over all limits, it doesn't know space-time, or language, they feel the vibratory notes as for osmosis (aura) it is obvious that the gland hypothalamus (limbic system) captures the vibratory wave and it transmits to the pituitary one, this it passes to the larynx (when listening a topic we hum it) then to the heart, it is when we feel nostalgic or happiness, but there the plexus is who virtualize or just the opposite sending it to the sexual field, this it locates for

finally to pass to the coccyx. If it is classic it harmonizes him, if it is vulgar the coccyx line hurries altering the one that listens to it.

- 57- In synthesis we guide that the music's selection is definitive, the symphonic music leads us to the ecstasy, the other one, when going by the sexual area those vibrations alters the passionate ego and after the dance in general the couple finishes her horizontal banquet. To the children it should be taught to listen sublime music from the womb, it will be able to this way to guide with easiness. The classic music is the one that fewer followers have, the answer is easy; the world only wants those of the world and doesn't want those that try to move away from him. For your health, for your soul, feed well, nurture yourself listening music for the soul, the music of Gods, the classic music.
- 58- The seventh food is the sport. The sport is the methodical practice of physical exercises. They cooperate to maintain the organic systems in perfect state. Through the sport the sudoriparous glands make sprout the miasma (putrid substances) product of the feeding or medications accumulated in the organism. The moderate exercise combined with the breathing gives excellent results. It is clear that it is NOT about competitive **exercises**. When an exercise or sport is made at the competition level it distorts, not only it doesn't serve but rather it destroys so much physical as psychologically. With the soccer for example; the player "is forced" to run, if he gives more than a liter of liquidate sweat and they make it as much in the trainings as in the competition, this is absurd, these people are unbalanced emotionally. We consider that 15 or 20 daily minutes of regular exercises it is enough to maintain to the organism in a good state. Let us have present that and heart rhythm oscillates in the measure in that our moviciertos is slow or violent. These last bear to increase the psychic cycles that in the common of the humanity stays in mega, the sportsman maintains it in Giga, that is to say, beyond 13 cycles.
- 59- This can analyze it when to the sportsman either soccer, baseball or boxing, etc., in spite of receiving the psychologist's of the team orientation and technical body as for the discipline refers, in the court or another thing, coarse with which a player of the other

team tells him or make something that he doesn't like, he reacts in violent form until with the judge or players of his same team. This behavior happens in the court and sometimes also in social life.

- 60- **The rune and lamasic exercises exist**, recommended to nurture, to vitalize or to regenerate the paralyzed body. Equally the walks outdoors in hours of the morning, this is definitive since exercises should not be made in hours in that the sun descends with force, this is from 9 am to 3 pm, regrettably these they are the hours that the competitive sportsmen use to carry out their exercises.

In synthesis we should guide that the seven foods manifested in this chapter each creature need it to live, and not only to live, but to live well. Make an analysis of the seven foods and conclude the form in that you are feeding to radically change the system.

CHAPTER 6

THE LAWS

- 1- The universe, the cosmos, the man, the physical world, the energy, the spiritual is organized by logic , this based in laws like fundamental norm of the existence, we should know the laws that govern us to keep them and this way to avoid us distress. In this chapter we will see those laws most marked and obviously more smashed by the man.
- 2- We have seen as in the order of the creation the protocosmos is governed by a single law: aleph, the unit law. The ayocosms governs three laws, the macrocosms 6 that is to say twice as much, the deuterocosms 12 laws, the mesocosms 24 laws, the microcosms that is to say the man, 48 laws, the tritocosms 96 laws (the infernos)
- 3- Each one of these strata or forms of life are guided by ineffable beings and even in these forms of life there are laws that you

should keep, it is clear that to more law index, it is bigger the density and in consequence more suffering and difficult it is the life, is hardly logical. The microcosms are the man the one is called to observe 48 laws celestial laws settled down by our Creative God. We know as initiate Moses, that great avatar that develop the electric power of the will ascended the mountain (this is highly significant) it didn't descend to a valley, but rather he ascended to the encounter with our Lord Jehovah so that was given the ethics code most perfect that knows this terrestrial humanity's history, a code that practicing it, applying it to our life takes us to the summits of our psychosomatic perfection, that is to say body and soul.

- 4- The laws exist 48 in total and their breaking brings us fatal consequences, understand that the ignorance of a law doesn't invalidate the law in it. The driver that ignores the traffic laws and violates it, has to pay the infraction, you cannot shield with saying that did not know that signal, etc, similar it happens to the celestial laws if you ignore them abide to the consequences if you end up infringing them.
- 5- Wanting to contribute in some form we have organized this chapter with a superior guide of spiritual type, parting from the of Moses' Decalogue, that is to say the ten commandments guides most of these laws that govern us, see that the lawyers, fiscal or judges cannot guide on this type of laws, they should study on this topic and this way to guide humanity as well.
- 6- The law of Karma: this law means action and consequence, it is obvious that all action has its consequence this is irrefutable. Everything that we do or not do being able to do, has their consequence at once or later but has it. The word Karma means punishment, everything has its payment, many people wonder because some are born blind, invalids with cancer etc. Here it operates the law of karma, it operates in a masterful form, these people made or they broke a law or certain world or lawyístik complex, they violated certain laws in their life (we refer to the previous life) and in this existence pay the karma, that is to say that suffers the consequences of the previous life.

- 7- In certain occasion metaphysics students came with a magazine with a chronicle on some Siamese people, that is to say united either by the abdomen thorax or head, we made the investigation and as a result of our metaphysical technique we find that these people made multiple implants of plants in a previous existence, this is very common in these times, to make implants is to unite two plants with antagonistic properties as the sour orange and the sweet, this is a violation of the cosmic conscience and brings their consequences.
- 8- We also know the case investigated by the metaphysics of a child that dedicate their previous life to attack and destroy churches, where he saw a church without caring what institution or social reason belonged, he fastened them fire, he destroyed it, attacked its parishioners, this gentleman came with the completely destroyed column, it means that his churches (because we also have churches in the spine and this is metaphysical) came with a lot of difficulty, it operates this way the law of the karma. The mere fact of diffusing these teachings will also have its favorable or unfavorable (depending on the point of view) consequences but will bring them.
- 9- The personal karma, the collective karma, the world karma exist. The personal karma is for example a cancer in which suffers who possesses it or a moral pain, in the collective karma can suffer the whole family like it is the case of having an addicted son that perturbs the whole family, cases of collective karma we have accidents of traffic, the celestial justice gathers several people and they are given the karmic process. We know the case of women or men that cannot conceive, very serious investigations from the metaphysical point of view that we have carried out, we find that these women in other times have miscarried their children or they have mistreated them and it is logical dear reader that don't deserve to have them in this life. It works this way the law of the karma who hits their progenitors, in the next existence will come with the paralyzed hands, this is unquestionable.
- 10- Other karma types exist and that we have been able to relate with those that curse their life being justified in any triviality they will have knots and so forth. The prepotency, the vanity, the pride,

those people treat others poorly, that believe there more than others, look down on their fellow men, and reject to who look for them. The leprosy will be the karma of this people because simply somebody that has leprosy, people moves away from them this is karma. The world karma shows up in the cases of floods earthquakes and other it suffers the whole country and also there's the whole planet when there are cataclysms like the flood this it is world karma, it works this way the cosmic justice. People's cases that they are born in complete misery and they die in the misery. We consider to analyze the auto karma this it is given in people that abuse of their behavior like example we have somebody that takes hot soup and at once cold water, this lamentable action can unravel in a disease of the digestive apparatus, the which if intensifies this pathology it can finish in a cancer. This is of analyzing it because here it was the person who provokes its pathological state, another they work the whole day under the sun and they take a bath in hours of the afternoon, these havoc they have its "independent" consequences of the celestial karma. This independent word goes among quotation marks because all that that moves in the earth including a dry leaf of a tree it is for the will or divine law. But you will understand these words, if your car holds five screws the four tires and two screws miss, a tire and this person travels this way in these circumstances to great speed, if this tire that only has three screws comes out, can produce an accident problem, this is auto karma.

11- We also have the law of the dharma this is just the opposite to the karma, dharma means prize, it is logical that if the actions that you carry out are good they will have their good excellent consequences, who understands this law doesn't never envy, knows that who has a house, a car, it is the dharma of the celestial law for that person, and the field of the health people that never get sick see they possess a dharma. This same as the karma can be personal, collective and world; it works this way the divine justice people that have a good spouse, good children etc. Families with excellent position, social goods and other, countries with a good government, quantities of jobs, quantities of companies, little delinquency, can finds in some countries with

minor announces with tragic news. Like a synthesis and referring to what the sacred teachers say: ***do what you want but have present that you will give account of all your acts, this it is the only law understand it***".

- 12- We also have the law of evolution, to evolve and to develop is similar, a progressive transformation is evolution, and everything evolves: the countries, the ideas, the races, in short everything, our soul evolves in the celestial worlds, it climbs grades and Christifies. To mention examples we have initially the invention of television at first it was in white and black, the science evolves and now it is to color, the electronic apparatuses initially were in tubes through the law of the evolution the transistor came, but there of the transistor you invention the integrated, in the last days now is the mauffer a highly electronic piece, and it continues evolving because that it is the law. The man infringes this law when it impedes the evolution of things, obvious things favored theocratically (spiritual or divine).
- 13- Involution: all that evolves also involutes (contrary to evolve) to all ascent waits a slope, the companies involutes and they evolve the soul also can involve and transform into a disastrous fallen being. Cases come in that an evolution delays up to a hundred years, the illnesses also evolve. The involution is a group of regressive modifications that are given in the creation, that fraise that they ascend as palms and they lower as coconuts, is understandable from this law point.
- 14- We also have the law of the pendulum, this law governs us in perseverance it maintains us unified, this law of the pendulum is a complex law and of little understanding by the human being. If we analyze the oscillation of a pendulum we will see that it moves from an end to the other one, likewise it works in the human psyche, which makes the common of the humanity they move from the pleasure to the displeasure, of the happiness to the sadness, of the laugh to the cry, up and down. These people suffer the unspeakable thing because they have leaned or partialized, we have a friendship that loves us, he loves that we visit him, this is while in their psyche this of the right side, but when the pendulum automatically leans to the left side it is irritated is sad, it suffers

with our presence. It is obvious that the person that is located in the antagonism it also suffers because without justification that person moves away her friendship.

- 15- The experimental metaphysician stays in another law, called the law of the circle, that is to say the law that allows us not to suffer that allows not to be happy but doing everything with transparency, the metaphysician he doesn't move, but well it is mimicked in each occasion, or in each circumstance, the metaphysician unites the law of the pendulum in his central part of his real vision. Notice that a pendulum oscillates of a place to other but it always finishes in the neuter part, it always finishes still neither toward a side neither toward the other one, simply this it is the position that we have to await, this it is the part that we have to embody otherwise we will suffer the consequences.
- 16- People cry for each circumstance when we unite to the center or neuter, everything changes, everything is superable, the neuter it is the essence of the pendulum. The Teacher Helena Petronila Blavatsky didn't unite to the neuter force and finish being victim by the law of the pendulum, their followers calumniated her, they defamed and she identified herself with those slanders and died simply, the heart didn't give more, they didn't understand the position of its celestial soul. The fact of being identified with those infamies led to the death.
- 17- We also have the law of the balance, well we know that balance is the state of rest from a subjected body to two forces that are counteracted in the vertical and stable position of the human constitution, it is the free flow of life. A scale has two plates and its center is the faithful or neuter, the inclination of a plate stratifies the determination of something, few people are projected for the balance of the scale, in fact it is easier to balance that to unbalance, this in the metaphysical part. In the human part we find that to unbalance is easier than to balance. Our LORD the Christ synthesizes in Matthew Chap. 5 when he tells us "blessed those that are hungry and thirst of justice because of them it is the Kingdom of heavens".
- 18- everything person that has positions in those that implies to take determinations should be located in the neuter (impartial), the

scale moves us from the thesis to the antithesis, we are us those that should choose the virtual synthesis, our organism is balanced in 100%, when we abuse of it, we unbalance it, if we lean to the left side of the scale then the person goes by a famine, if we lean to the right it is gluttony, it is greed, both situations are in oneself stratum, left and right this is clear. If the great error is made of taking alcohol, this poison unbalances us and not only the nervous system, but rather all the systems are affected. Case worse that of the drugs. A solar system is highly balanced, we can say without fear to make a mistake that we are a solar system in miniature (microcosms).

- 19- The Centrifugal law: it guides us the following thing, the centrifugal word is a force that flows from the center to the periphery, this is exemplified in the sea, all the objects that you place in the center of the sea by means of this law and its constant pulsation takes it to our bank. Our psyche travels pulsed by the ego from the central part or proton to the periphery or contrary part. This law allows that the universe moves, that the means of transport etc move, If we throw a stone to the center of a well or lake we will see that the waves pulsed by this law or force move toward the bank, this law connects to another called centripetal law it acts pulsed by the conducive law from the periphery to the center, they are two forces that act related with the following law.
- 20- Law of entropy: it is the law that equals all, this law commands the two previous ones, this is of care, because today we are pressing the entropy law so that it equals us to our geneses and tomorrow this same law can takes us equal to the external world, where we were before entering to the superior school of metaphysical teaching. I am not surprised the fact of seeing people happy and joyful of having known the experimental metaphysics and a few days later they toss all its scandalous dribble against the same teaching. It operates this way, the entropy law.
- 21- When we don't know how to manage this law the consequences are not made wait, it also operates when we buy something, this law flows equal to its ex owner we see people's cases that they buy something and later on that purchase returns to the old owner

that we see it with a lot of frequency. The entropy law pulsates the centrifugal and centripetal laws to sell and to acquire. That brings to its starting point, to return, and to project that of us toward the one who is buying the object.

- 22- We should create a permanent spiritual center, a source in that the mystic is the central axis of our activities, in which that religious part in us is made feel, this law won't create this way havoc, we owe friends to create a permanent spiritual center a center in that the mystic is made feel, this order goes this way to equal us with relationship to our great presence in this state to cling to the divinities for not decaying“, referring to the metaphysical classic says: **rise to the highest, make a knot and sustain yourself“**.
- 23- The law of the duality: dual is double this explaining it in simple terms, all the existent has their antagonism this is certain, in the duality we find the white thing and the black thing, heads and tail, the light and darkness, in short the whole universe it is dual, we cannot seek to find something with a single polarity, even our Creative God has their dual part.
- 24- The dualism like philosophical doctrine explains, the origin of the worlds with base in the theory of the opposed ones, in the man and in the woman, this is something that have not been able to explain to the scientists, the attraction of the opposed ones it is a dual reaction of the nature, the ovulates and its duality the sperm is attracted irresistibly, in the electronics we find to the positive pole in action but this would be inert or unsubstantial form without its duality that is to say the negative pole. Who tries this reconciliation, that is not another thing in the bottom that to violate it, brings their terrible consequences, kind of a short circuit, this also understanding it from the psychological point of view.
- 25- Some people preach that the wrong will perish and that only the good will prevail, this false teachings harms the humanity flagrantly, the duality in our psyche has it in a egocentrically function and in antagonism we have the Christ. An egocentric state as that of the laziness has its duality in the will, the same as the hate and the love, the lust and the chastity etc. In this we should clarify and that it is that the laziness like all capital sin is not original, it is not a dual organization ,if it was organized would

indissoluble, in transformable, when the teachers of the white fraternity speak of eliminating the ego, it is not about killing him because this is not logical, it is about transforming it and this is highly energetical, the transformation of the energy is obviously the death of the capital sin, the evangelists speak that the old man should die and be born the new man, this is logical.

- 26- We have another law called trocratic ,it represents to swallow and to be swallowed, the small worm that walks unexpectedly is taken by a chicken, subsequently a snake catches the chicken and feeds of him, but then a rapacious bird catches the snake, then a tiger eats up to the prey bird, a hunter gives death to the tiger and his meat serves for food to other animals, but this person dies and is buried and she also transforms into the mother's nature food. This food chain is operated by the trogocrátic law. Let us continue to a field or campus we see that a cat threatens to eat up some pigeons of doves that unaware they sleep in his nest, what will be your attitude, to break the law. Now they are not pigeon but a bird that costs a lot of money, or a boy neglected by his parents what will be your reaction.
- 27- The man feeds of any quantity of fruits and of vegetables, vegetables that obviously are sustained later on by the earth, the man dies and the earth uses it of payment for its reestructuration, this is friend the well-known law in the metaphysics world as trogocrátic law, also as the eternal trogo-auto-egocratic- common cosmic law.
- 28- We also have the law of return: the return associates it with returning to this physical world, the metaphysics demonstrates that all living creature returns many times to this physical plane, whenever the law of the return flows in involution it is degradable, the law of the return in its genesis allows to become, to return to our Creative Father but if we don't balance ourselves it razes us and it maintains us looking in the past.
- 29- The wife of Lot in Sodoma and Gomorra genesis Chap. 19 look to her past wanting to return and she was paralyzed, this is applicable from the psychological point of view, friend if you look at the past you paralyze, you stagnate yourself in other words you go stereotypical. The return is practically karmic in it's involuted state,

in its dual and unbalancing configuration. Many believe that the human being reincarnates but it is not this way, each man or woman while it is not liberated of the capital sin, it returns and it returns many times to this physical plane. Who **reincarnate** are the angels, archangels, thrones, cherubs, etc. This should be very clear who return they cannot choose anything, they are brought or guided to take a physical body, while the liberated beings that reincarnate can choose the area depending on the mission that they want to complete.

- 30- The previous law is related one or associated with another well-known law as recurrence, every time that we return **we appeal in the same facts, in the same activities or actions that we did already**, we see in the humanity, in our culture and cultures of other countries annual recurrences as for example the parties of Christmas every year the same recurrences in the same things. The recurrences is the signs that guide us on something, which approaches, it is then this law a type of karma that petrifies us in a lamentable state. *“Guard against the routine since the empire of the routine familiarizes the man with the slavery”*.
- 31- This famous fraise locates seriously on this law, the same as another axiom that says: **“who doesn't know their passed is forced to repeat it”** when we return to this valley of tears we do the same things in a recurrence form, plus we have the consequences of the actions that we already made, reason for which we should organize our life, all the labors besides the recurrences they are related or associate in other words they are subordinated to the law of the relativity.
- 32- Everything is relative; everything depends on the color of the glass through which we look at the things. A wall is white but if we light a bulb of blue color, the color of the wall modified to our eyes. Albert Einstein, pioneer in this of the relativity, describes “the duration of time is not the same one for two observers that moves with regard to the other one. The relativism is a philosophical doctrine in which the human knowledge can never arrive toward the absolute.
- 33- Now well if measure the verticalness of a building of many floors, the plumb line shows us that is vertical, but when relating it with a

building of another country that verticalization disappears, because the earth is not flat then by the bend, they would be both in diagonal state, that is to say that neither are vertical. If two cars come closer to a corner and it is obvious that the driver whistles for prevention, but if both whistle this at the same time they will not listen the whistling of the other one, that is to say there is a void, this and well-known in the law of relativity.

34- We see to the moon in the heights, a bird that seeks to arrive to her takes off and ascends heading for the infinite, equal happened when is in the moon to return, looks up for the star earth, that also this in its superior part, in short they are quantities the forms of explaining the law of the relativity.

35- Comes us to the memory the case of a gentleman that praised a lady laundrywoman, he look for her so that she washed him some savannas, these savannas they were highly white and affirmed that the lady was the only who could wash him the savannas in the best form, she made this way the lady, washed them and the gentleman has sat down in the yard of his house to contemplate the whiteness of the savannas and to deify the lady practically; he said: these savannas are incredible, they are very white, but subsequently it began to fall snow and the whiteness of the snow automatically eclipsed the whiteness of the savannas, the gentleman said: these savannas I truly find that they are molded, then this indicates us that the law of the relativity is practiced in all the actions of our life. If a person is compared with a criminal is a saint, but if this same individual is compared with the purity and sanctification of our redeemer's the Christ, the sanctification that supposedly had decreases to nothing.

36- We have the law of the accident this it is an unpredictable law, the same creation is related with the law of the accident when this law enters in action it can create bewilderment if not balanced. Tragedies and deaths are covered by this law nobody escapes from their effluvioms, some teachers of the white fraternity have even perished environment to this law it is not a prophetic law it is not possible to visualize it, this law acts suddenly and for that reason we say that it is unpredictable.

- 37- The accident law is given in an airplane, in the cars, that is to say in cars in perfect state, an airplane in state of perfection falls to earth and a great quantity of people dies, equally a car fails the controls or another element and it finishes with the death of several people, in a pregnancy, in a construction site, in short in all the activities, for that reason it is important to work in pro of our metaphysical evolution. Because this law can show up in any instant of our life.
- 38- This laws covers so much the teachers as disciples, many that belong to religious schools abuse of their behavior in the street, in their work, because they consider that God is with them, we don't ignore that is this way, but we repeat: the accident law arrives in any moment and for that reason we have seen spiritual people' that have either perished in their work, in accident cases either traffic in another accident type.
- 39- Law of disincarnation, this law means death and it also covers all the existent, there is not something in this three-dimensional world that is not ligature to death, this law this commanded by the 42 judges of the celestial justice, when is finished the time of permanency of the man in the earth, the angels of the death cut the magnetic fluid that unites the physical body with the soul, this fluid it is called silver chain biblically and in east: silver cord is called, in the metaphysics it is known as protoplasmatic cord.
- 40- Later to the exhalation, the disincarnated should face or show up guided by these angels in the of the sixth dimensional justice, when an initiate fuses with the universe, the law of death it is embodied and automatically it is kept, in consequence there is not a final exhalation is have demonstrated this way Moses, our Lord the Christ, Gnanak and other teachers that have taken its body to its origin place, we are speaking of the physical body.
- 41- This law flows or gears with the law of life "What is Life?" We explain that it is a chronological time that the celestial law grants to each creature, it is a group of principles that embrace a cycle, the suitable life it is that the initiate cohabits her as an album, you in an album don't have pictures that brings bad memories, an album it is the synthesis of its life and whenever you observe it is happy, it rejoices. There we can say that it is kind of a graphic selection, it

is this way the true life, the life it should be lived intensely and remembered as an album.

- 42- God is life this should be clear, the same as the capital sin is death, the physical death has taken as something natural that makes part of the same life, the life and the death they are two laws that when keeping it, when embodying it, we flow freely with her, if God is **life** it is clear that who flows with God it doesn't break this law. The current humanity kills with the pretext or justification that it is to feed. Won't be able to channel the divine energy who kills animal and less who kills human beings, he will be able to channel another energy type but not the divine energy. That is the fifth commandment given to Moses we should remind and let us have it present. We shouldn't forget that if the grain doesn't die it is obvious that the seed neither is born. This law, that is to say the life, pulses and it requires the competition of another law, the law of the preservation.
- 43- To preserve is the action or act of covering something or somebody that is threatened to be destroyed. All that has an origin also has an end we should be in charge initially in preserving. Don't forget that the preservation of the life is above that entire logical maxim that says: the man creates to destroy and the woman creates to preserve, this in the part that corresponds to the man should be clarified, the man by genetics is mystic and can also preserve.
- 44- To be mystic is to have continuity of purposes, it is to preserve those that self-destroy, that are repealing the law, the drugs, the alcohol, the cigarette, the antagonistic feeding of animals etc., they cooperate to a so much self-destruction of the body and obviously, with a logical reaction from of the soul. We find cases that should keep in mind, this type of people's cases that unconsciously tends to be destroyed, if they are cutting a vegetable they intersect the finger, if they go walking they trip with a stone or object, anyone breaks fingernail or they fracture a leg, all these symptoms are equal of self-destruction, when they are eating we see that they bit their tongue. To preserve the life it is the essence of this law, to transform into acolytes or assistants of

our creative God, due to these infractions many times it processes us another called Katancy law.

- 45- The katancy is a superior karma and is untrascendible, in general when the katancia enters in action the person perishes, it is also called Aeon 13. Is a karma that becomes death and resurrection, the life of a person. Cases have been seen in which a spiritual leader get sick and they die, it arises us a question : why they died if they were spiritual leaders?, simply because it cover them the law of the katancy, that is to say, a superior karma and they didn't transcend this karma type.
- 46- The lion of the law is combated with the scale, for this reason we should generate good actions to flow with the scale to our favor, that is to say to locate us in the center of this, doing good actions it is obvious that we will be organizing our same life, of the best actions that we can do in our life it is to flow with the law of the transmutation.
- 47- To transmute means to transform to change a thing of their state in other. His origin is genetic and has to do with the sexual energies, this energy this latent one in each person in physical state, the experimental metaphysics teaches their transformation in energy and of energy to a spirit or soul state, this great action it is also called by the teachers of the white fraternity: **the alchemy**.
- 48- The alkimia was organized by the teachers of the middle age when the call sacred inquisition was effective and it was distorting the praiseworthy and great action of different teachers of the white fraternity, the alkimia marks a definitive rule and in that time it was known as the transformation of the lead in gold, the lead represents our seminal energy in gross state and the gold to its transformation in Christic state, the application and preservation of these laws is synthesized in the law of the perseverance.
- 49- To be persevering is a virtue that we should apply to our life. That inventor of the electric power Thomas Alba Edison intent to manufacture the incandescent lamp time and again, without apparent result was near 400 intents to crystallize their objective the perseverance it took it to the summit, to the success, to the victory, I do not know how persevering he was in the internal part,

but with this it shows us transparently that with this law, big things are achieved in the perseverance.

- 50- Moses was able to arrive to the summits of his perfection for his perseverance, with the result that it was able to take out the people of Egypt. Rama, Zoroaster, Vishnu. Hermes, José Luis Contanz, Huiracocha, Samael and other teachers were able to conquer to their subjective part by the perseverance it is clear that this work was not of one year. They needed 7, 22 and more years for the conquest of oneself. It causes me restlessness of seeing people that know the doctrine body for these times and in one or two years they want to arrive to its realization, becomes intimate, to its spiritual perfection, it is clear that the perseverance cannot be pressed by the mind but rather it couples another law, the law of love.
- 51- The Magnus leader Paul tells us with regard to this law we mention the first book of Corinthians Chapter 13: if you speak the men's languages and even of the angels but I don't have love, I am not but that a metal that resonates or a disconstant plate and if I speak of the part of God and I understand his purposes, secrets and all the things and if I have the necessary faith to move mountains, but I don't have love, I am not anything and if I distribute among the poor all that I possess and even if I give my own body be burnt, but I don't have love of all is worthless ”
- 52- To have love it is to know how to support, it is to be kind, it is not to have envy neither to be shown off, neither proud, neither rude, neither selfish, it is not to get angry neither to harbor resentment, it is not to be happy of the injustices but of the truth. To have love is to suffer everything, to believe everything, to wait everything to support it all, the love never stops. Three things exist that are permanent: the Faith, the hope and the love, but the most important from among the three is the love.
- 53- Many confuse the love with passion or desire, some say to be in love with such person but so soon that person leaves with other they are offended, there is even who have killed so called for love, this is absurd, in these times of war when the husband doesn't arrive, the wife misses him, she despairs and others, but it is not always love but for fear, because she believes that it has occurred

something strange and she fears to be alone, either because his children are going to be orphan or for other causes.

- 54- The girl that takes gifts, says cheerful sentences to her professors, is not always for love but because she fears the qualification, to fail the exams. The singers sing to love but in their messages we discover sentences identified with the desire or with passion.
- 55- The real love is unconditional; who loves and puts conditions to the spouse is jealous of her, etc. Truly doesn't love, that feeling is not another thing that the antagonism of love. God is love and God respects us the free will, all that loves should respect its spouse's or couple free will. As example we have the love of the prophets on high command of our redeemers the Christ. A history that teaches us that fact is there that of Naomi and Ruth.
- 56- In Ruth's book exactly in the first chapter we read: *you don't ask me to leave you and part from you, I will go where you go and I will live where you live, your town will be my town and your God will be my God, I will die where you die and here I want to be buried that the Lord punishes me with all hardness if I separate from you, unless it is by death*". Occasionally we are subjected to analyze our attitudes and in her we find a law called empathy.
- 57- As central axis of our activities this law can relate it with the sentence *"you don't do to others what you don't want done to you"*. Empathy means understand the point of view of the other person. When we deliberate a topic with somebody and we don't flow with this law we seek to win in all discussion, we always want to be the best, there is not impartiality, in a certain moment of a polemic or of a friendly discussion, we should use this law to give opportunity to the other person, to listen to it, this other person can be our wife, our brother, our friend, our son, we will always have disagreement for A or Z reason, but if we don't use the law of the empathy, we will believe that we are us those that we always have the reason and we will ignore the person's spiritual, psychological and human capacity.
- 58- Illustrate this with the father that loves his son and it is always inclined, the son from the street comes and with a quarrel on something that occurred, if the father doesn't analyze he goes and

insults or attacks who cause the sadness to his son, but if he takes the position of the other person, the reaction it is different because is impartial. Why the wars in the stadiums, the fan always applies the law of the funnel, the wide thing for him and the narrow thing for the other one, both decrees want to win and as a result the fiasco.

59- The dictatorships and ordinances are absurd because they are imposed, hurts who hurts him, another example: It is raining and the boy wants to take a bath, he wants to live that fantastic experience, if the father doesn't flow with the empathy law it decrees: I said that he doesn't take a bath and period!!, contrary case if the boy suffers of breathing allergic affections. In this case it operates the law of the balance.

60- The Decalogue makes part of the 48 laws, this Decalogue requires of a deep analysis has been organized an independent class, well we know that the Decalogue was guided this way.

To love to God

Do not swear

Sanctify the parties

Honor father and mother

Do not kill

Do not fornicate

Do not steal

Do not lie

Do not adulterate

Do not covet

61- In synthesis we want to exhort each one from you to the deep analysis and knowledge of these laws, it is obvious that when knowing them we will flow well in the life and in correlation with another great law as the law of GIVING.

62- Unquestionably there is more pleasure, more enjoy in giving than in receiving, to give is something majestic, let us have present that God blesses the cheerful giver, its ordinance who more gives, more receives, but who doesn't even give, the little that has it will be removed, it works this way this law. Not there is excuse for not

giving, it is clear that you cannot give what you don't have and less what is not yours, give in measure in that you have.

- 63- The sacred writings make emphasis on this law, coarse with reading the book Mark Chapter 12, there says: "Jesus was seated in front of the coffer of the offerings, looking as people tossed money in them. Many rich they tossed a lot of money. In this arrive a poor widow and toss in one of them two currencies of copper of very little value, Jesus calls his pupils and he told them that this poor widow has given more that the other ones, because all have given there spare money, but she in her poverty has given all that had to live.
- 64- We find other biblical passages that recommend us or they guide on giving, this time on the tenth...., that is to say the minimum 10% of your revenues. We also find the application of the wats chaco, as law guided by our Lord Gnanak. The wats chaco is vital. There he says: we should share, all that arrives to you by grace.
- 65- But what to give? **We not always can or we should give money**, it is obvious, we can give other things of a lot of value, like a flower, a smile, a position, help, and in short there are so many things that we can give, in passing we share and we cooperate to the free development of the things.
- 66- We have arrived this way to the end of these orientations. Our participation is to guide. The lacking laws study them in parallel, which are those laws? And that you for metaphysical depth must discover.
- 67- We also have the law of receiving, the law of the retribution, law of the organization, law of the movement, law of the kabala, law of the three, law of the circle, law of the integration, law of the weight, law of the inertia, law of the measures, law of the compensation, nomadic law, law of sharing, the homogenic law etc...
- 68- These laws brothers, it is important that start in the investigation and understanding of these laws. We know that the laws of the 3, 7, and 12, they flow in all that created, coarse with reading our sacred writings, that is to say the Bible and we will understand the magnitude of these three laws.
- 69- The law of the organization, because we should be organized. The law of the movement for that we should not interrupt the

nature, because everything moves nothing is still. We have the law of the kabala, because the universe is made in measures and in numbers. The law of the circle because we should enter in that magic circle to avoid distress of the other laws.

70- The law of compensation because everything takes at a compensation level it is logical. The nomadic law that projects us, to move from a place to another. The law of sharing that we were enunciating it previously, as the law of giving.

71- The homogenic law, because we shouldn't be in a form and in another, but rather we should be compact, entire in a single level.

We wait that your minds, mainly your brain and your psyche, in favorable act can understand the intrinsic meaning of this conference it is.

72- There is no excuse that justifies the breaking of a law, have present, that your present is the sum of your past, equally your future is the sum or result of your present, with the result that each action that corresponds you to carry out, should be pre meditated and conscious it to the maximum, because each action has its consequence. We hope this orientation is able to create greater grade of understanding of the 48 laws that govern the third dimension, that is to say the life in the physical plane.

CHAPTER SEVEN THE SEVEN ELEMENTS

- 1- In this world in which we are partially incarnated we find basic constitutions that sustain all the created, these principles should be of each living creature's full knowledge, especially of the man that is located in the summits of the creation, and hence enigmas and mysteries veiled should not exist.
- 2- As it is known, all the existent has their origin, and from that origin until the materializing in this three-dimensional plane goes by seven elementary (elements) states, those that collaterally pass by four dialectical basics that we synthesize for further clarity in: Philosophy, Science, Mystic and Art.
- 3- All the existent lived this order, as didactical example we have a pencil; somebody visualizes the idea of inventing something that was good to write in pages, took time and imagined some projections, that is to say that it was philosophize, this person decides to investigate (science) the elements that requires, her mystic applies with the continuity of purposes and spiritual vocation, because the mystic essentially is bound to the doctrinal internal religion; it is this mystic the one that bears to the finish evolutionary stratum, that is to say, to create.
- 4- This same order is given in all that is to our surroundings, in the whole universe.
- 5- Our life is intensified by seven elements; we have this way in their order: earth, water, fire, air, ether, prana and akash, this order and its active participation happens in the whole cosmos; so much constitutes the man like the universe beyond the stars.
- 6- Their location in each human being is this way: The element earth finds from the feet until the knees, the water of the knees to the sexual area, the fire of the sex to the pectoral cardiac, the air of the pectoral to the brow, the ether from the brow to the crown, the prana this integrated to our epidermis or magnetic field (corpus vitae) and the akash it is who forms the luminous world or aura.
- 7- Each one of these elements possesses their internal constitution and they are bound to the external world.

- 8- We have guided that the creation is integrated by: Matter, energy and soul, these are the three pillars that constitute us; the seven elements in their internal correlation possess in itself matter, energy and conscience.
- 9- Earth, water and fire belongs to the physical part, we can see them, touch, feel physically; the ether, prana and Akash are bound to the soul, to the spirit, to the conscience; it is the air, the reconciling part of the two lines, the air has half of its essence bound to the physical part and the half in fluency with the spiritual part.
- 10- If we analyze the brain or being threads (Ser hebrus in Spanish) we find that the left hemisphere this integrated metaphysically by earth, water and fire, while the right integrates it the ether, prana and akash; it is the Antia or pineal gland the entrance door to the air or fourth dimension.
- 11- The experimental metaphysics guides those who flow with the development of the spiritual part to activate the hemisphere cerebral right and in consequence the inclination for the spiritual search is obvious that the exaggerated development or inclination for the spiritual search bear to the opacity or religious fanaticism.
- 12- Case has it in the religious fanatic groups that don't accept suggestions or dialogues if they are not inside what they believe that it is the truth, it is as well as the ends are harmful, this way, the materialists and the fanatics are formed, they fight and they discuss on something that both ignore, the definitive thing is the balance and the investigation.
- 13- It is known with anatomical accuracy that the functions of the extremities: left foot and left hand presides over them the cerebral right hemisphere and vice versa, this means that if we activate the left hand this it rebounds favorably in the right hemisphere.
- 14- To carry out exercises in those that this implied the psychic part is it more suitable, to write with the left hand (if the reader is right) some 300 daily words is advisable.
- 15- These techniques cooperate with the spiritual world and the ultra elements; it is obvious that the law of the likenesses has its participation in this topic. The reigning materialism has not

confirmed the spiritual elements because it is not integrated to this field.

- 16- Who apply the experimental metaphysics we find with relative easiness these elements, but those that are only identified with the material, only will be able to speak of the physical elements and depending on the state of conscience to refute or sense their existence.
- 17- The modern didactics not teaches only the three basic states of the nature (solid, liquid, gassy) but also the colloid state; this state colloid really is associated with the spiritual elements.
- 18- The materialistic science denies the existence of the spiritual elements as also denies the existence of the soul, however slowly they go discovering or deepening the metaphysical part of the nature.
- 19- The electronics has allowed the veil that covered our eyes, to be ripped: we have radio waves or frequency (RF) waves the video (VF) waves or the audio frequency (AF). They have demonstrated that they can move by the air (in fact they move by the prana or ether, depending the type of waves) in the air they are the substances or primordial principles that re impulse these waves.
- 20- We consider vital to understand what you call frequency; to explain it in simple terms, frequency it is similar to cycle (circle) it is common to ask: With what frequency do you go to the store?, or do such thing?, the answer can be: three times a day, that it is the frequency, that is to say, the times that we carry out an activity in certain time.
- 21- We listen to the different radio stations, we have kilohertz (kilo: thousand) hertz (cycle) or kilocycle, this translates that that transmitter generates a thousand cycles per second. We also have megahertz; (mega: million) for that reason the radio stations of FM they identify and they tune in a hundred point a megahertz, it is the quantity of cycles (turns) that generates that transmitter.
- 22- In that order we also have the waves H and frequency VHF (Very High Frecuency) the ultra (UHF) one these last they generate a quantitative unimagivable level.
- 23- It is to this part where we required to arrive to facilitate the orientation of the prana and the akash, since to displace, to

transport these waves you need of the participation of the akash; this because they are kind of an analogies.

- 24- The psyche is in capacity of entering in the sublime worlds of the akash. We all can enter in these areas of the nature; the metaphysics marks you the rule, mainly the experimental metaphysics because the classic metaphysics is theoretical and superficial.
- 25- It is obvious that to flow in these worlds we should tune in psychically, for it we have the brain, right-left two hemispheres which synthesize in the center or pineal point. In an end or field is the ego and in the other the Being Christ.
- 26- The left hemisphere can tune in electronically with the prana in its figuration, while the Being's strands in the right hemisphere tunes in with the akash in its configuration, reason for which should stay relaxed-distension, to enter in Superior meditation and to generate in our psyche 3 to a cycle per second configured as representative analogy of the ultra waves.
- 27- In that moment and state the akash, and the prana is allowed to see, to feel, they familiarize with us, the akash sustains all that is created and by logic the man being a Divine Creation, if finishing the prana and the akash, it would automatically disappear the life in all the manifestations.
- 28- The earth is the living representation of the physical part, what serves us as base to accentuate all that we build. Thanks to the earth like basic element the figuration of the life is possible.
- 29- This way the water like a drain of the creation. The water is life, it is the element most tangible and existent, so much that many say that this star should be call waterth and not earth. When we affirm the document that these seven elements constitute the man, it is demonstrative so much physical as endoterically.
- 30- The fire activates the life, it generates the heat and it allows the transformation of the ego, makes possible its incineration and we exclaim this way FIRE-E-GO. Those momentous ones located in the superior part of the cross: **I N R I** (ignis, nature, renovatum integram) what means: the fire renovates unceasingly the nature. This understands each other so much in the external thing as the internal thing.

- 31- The air is one of the seven elements that the man uses for his feeding and development, so much that we cannot remain but of three minutes without breathing more than that we drown.
- 32- The external ether as the configuration of the prana can be perceived externally when we go to the sea and we observe one two meters above this, there we see like they swarm a quantity of energy sparks, that is the presence of these sublime elements.
- 33- It is obvious that not only in the sea they are, they are in all space but it is not possible to perceive them basically.
- 34- The environmental contamination opaques the presence of these elements, to such a grade that the sclerotic (eyes) is the only organ that doesn't oxygenate pranically through the breathing, but pranifies in the atmosphere, hence when there are fume or another substance, the sclerotic becomes inflamed or it reddens.
- 35- Enter in the worlds of the prana; the psychic part should be harmonized flowing in ultra state or alpha although the human expression is in vigil.